



CONNECT CENTRAL

WWW.CENTRALFORGOOD.ORG

JANUARY 2020

INSIDE

VocalPoint's 9th Season	1
Upcoming Worship.....	2
Worship Leadership	2
Opportunity for Involvement..	2
Martin Luther King, Jr. Day....	3
Happy New Year!.....	4
Christmas Pageant	4
Variety Show	6
Women of Central News.....	7
Children & Youth Events.....	7
Deck the Halls.....	8
Building Construction	9
Announcements.....	15
Happy Birthday!	15
Staff Directory	15
In the City for Good.....	16



VOCALPOINT BEGINS 9TH SEASON

VocalPoint is an 85-voice choir that calls Central home. Our programs are multi-sensory collaborations unlike any other choral concerts. We shine a spotlight on important issues such as mental health, the immigrant experience, and sex trafficking, giving 100% of performance-driven donations to worthy causes that make a dramatic impact in everyday lives. This year, we are proud to support Express Bike Shop, a social enterprise of Keystone Community Services.

Express Bike Shop is a full-service bike shop specializing in refurbished bicycles and a nonprofit youth employment program - all rolled into one! Teens work as youth

apprentices, learning about and helping to operate all areas of the shop. For most, it's their first real job and helps them build key entrepreneurial and work skills needed for future success.

We are thrilled that FLOBOTS will be joining us! Flobots have been singing their smart and infectious anthems for a better world on stages throughout the United States, and around the globe, for the past decade. Formed in 2005, the alternative hip hop band was, from the beginning, committed to pushing musical boundaries and engaging their audiences in new ways. In

[CONTINUED ON PAGE 10]

UPCOMING WORSHIP

SUNDAY, JANUARY 5

Matthew's gospel tells of wise ones following stars to present gifts to the young Jesus, born to be king. Rev. Colby will preach and we will be invited to select a star with a word on it to guide our thoughts and prayers in 2020. We will ordain and install leaders who have been elected by the congregation to serve as elders and deacons, and then later in the service, they will serve communion. Central Choir sings.

SUNDAY, JANUARY 12

In the Christian calendar, this day is referred to as the Baptism of the Lord Sunday. We will hear Matthew's story of Jesus being baptized (Matt. 3:13-17) and reflect on what it is like to hear such important words of holy affirmation. Central Choir sings.

OPPORTUNITY FOR INVOLVEMENT

Continuing on the efforts of the past year, the Coordinated Mission Committee has scheduled volunteer opportunities for Central to serve the Saturday lunch meal at the new St. Paul Opportunity Center (formerly Mary Hall) several times again this year. Our next volunteer date is January 11 from 11:00 a.m. to 1:00 p.m. Subsequent dates are Saturdays, March 14, May 9, July 11, September 12, and November 14.

St. Paul Opportunity Center and Dorothy Day Residence is part of Catholic Charities and is located at

SUNDAY, JANUARY 19

"An individual has not started living until he can RISE above the narrow confines of his individualistic concerns to the broader concerns of all humanity." - Martin Luther King Jr. On the weekend of the Martin Luther King, Jr. national holiday we will reflect on how his leadership might speak into the issues of today. Ernest Lloyd will be leading in worship. Central Choir sings.

There will also be a catered Third Sunday Lunch this day.

SUNDAY, JANUARY 26

Psalm 27 offers beautiful images of divine protection amidst the challenges of human life. Rev. Colby will preach. Central Choir sings and the Sticks & Steel I Percussion Ensemble plays.

422 Dorothy Day Place, St. Paul, MN 55102. Volunteers must be at least 16 years old and should wear appropriate closed-toe footwear.

Sign up to volunteer for any identified 2019 date on our website at www.centralforgood.org/volunteer. We need 8-10 volunteers for each meal service date. 3-5 people can come as early as 9:00 a.m. if they want to as Mary Hall could use the help. If you have questions please contact Sharon Zopfi-Jordan at szj@comcast.net.

The Exchange Gathering Time 9:15 a.m.

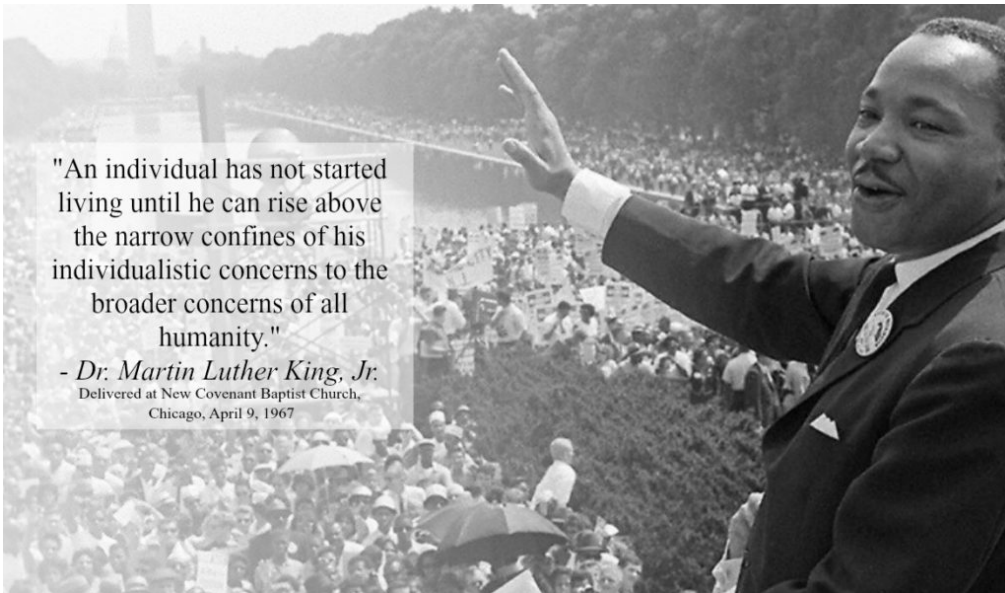
Education for All Ages 9:30 a.m.

Worship at 10:30 a.m.

Coffee & Fellowship 11:30 a.m.

WOULD YOU LIKE TO SERVE AS A WORSHIP LEADER?

Would you like to join a rotating team of people who lead in worship? Worship leaders read Scripture, lead the congregation in the Call to Worship and Prayers of Confession, and through their leadership, help the whole congregation find our voice and our courage to come before God with honesty and faith. Please send an email to Rev. Colby (dcolby@cpctstpaul.org) if you are interested, and he will include you in the schedule of leadership and also provide training.



"An individual has not started living until he can rise above the narrow confines of his individualistic concerns to the broader concerns of all humanity."

- Dr. Martin Luther King, Jr.
Delivered at New Covenant Baptist Church,
Chicago, April 9, 1967

MARTIN LUTHER KING, JR DAY

COMMUNITY BREAKFASTS TO CELEBRATE

Dr. King's eloquent words are as relevant today as they were more than 50 years ago. Dr. King was trying to help us understand that we must not only care about the issues that impact our immediate community, but that we must rise above and understand the world as others experience it. Building empathy and fighting for issues that do not directly impact us is the only way that we can truly improve our world. Until all of us can live with dignity, none of us can.

Each year, the General Mills Foundation and the United Negro College Fund (UNCF) present an annual MLK Holiday Breakfast to celebrate the life and legacy of Dr.

Martin Luther King Jr. Proceeds from the breakfast benefit the UNCF MLK Legacy Scholarship.

This year's keynote speaker is The Honorable Eric H. Holder Jr., the former Attorney General of the United States and the first African-American to serve in that position.

With the help of countless volunteers, Interfaith Action of Greater Saint Paul hosts breakfasts at multiple neighborhood locations, featuring a live broadcast of the General Mills event as well as a hot breakfast and local programming.

Registration information as well as links to past speaker broadcasts are online at www.interfaithaction.org.

GIVING THOUGHT AT CENTRAL

On the weekend of the Martin Luther King, Jr. national holiday we will reflect on how his leadership might speak into the issues of today with Ernest Lloyd leading in worship on Sunday, January 19.



LIKE US ON FACEBOOK
facebook.com/centralforgood



FOLLOW US ON INSTAGRAM
instagram.com/centralforgood



WATCH VIDEOS ON YOUTUBE
youtube.com (search for Central)



FOLLOW US ON TWITTER
twitter.com/centralforgood
twitter.com/cpcmusic



VISIT OUR WEBSITE
www.centralforgood.org



SUBSCRIBE TO NEWS EMAILS
www.centralforgood.org/newsletter



VOLUNTEER TO HELP
centralforgood.org/volunteer

HAPPY NEW YEAR!

[FROM REV. DAVID COLBY]

The Bible is filled with stories about new beginnings. From the start of Genesis, "In the beginning, when God created the heavens and the earth . . ." to the final book of the Bible, in which a voice booms from the throne, "See, I am making all things new. . . I am the Alpha and the Omega, the beginning and the end" (Rev. 21:5-6). In between, there are stories of people who find forgiveness and freedom; people

who are called by God to new beginnings.

So with the beginning of a new calendar year, and when people are reflecting upon the year gone by and making resolutions for the new year, the gospel good news is inspiring.

What are your resolutions for the new year? What new beginnings are you seeking? How can your faith deepen and grow?

Here at Central we will be welcoming the new elected leaders of our congregation as we ordain and install new elders and deacons on January 5. And we are looking for ideas on how best to follow God's call to us as a congregation.

New beginnings are possible. New beginnings are exciting. Looking forward to a new year of adventures in faith.

See you at Central!

CHILDREN & YOUTH ANNUAL CHRISTMAS PAGEANT







SUNDAY, FEBRUARY 23 | 6:30 P.M.

COME ONE, COME ALL!

Do you juggle? How about dance? Play a tune on the guitar? Tell a joke or two! Come and share a talent – and cheer on others who are as well – at our All-Church, All-Ages Variety Show on Sunday, February 23 at 6:30 p.m.

A little nervous about doing something on your own? Find a few church friends to join you! It's more fun when more people are involved! (If we have more acts than we have space for, preference will be given to the acts that have more people involved.)

If you are interested in performing in the show, please fill out this form and put in Jennifer Anderson's box in the office (or scan and send it via email.)

Name of Act: _____

Name of Contact Person: _____

Names of all people involved: _____

What will you be performing? _____

How long is your act? _____

If it's longer than 5 minutes, you'll need to trim it down.

Do you need any special equipment? (For example: Music stand, piano, microphone(s)) _____

Do you need someone to accompany you? YES NO (If yes, please attach the music to this form.)

Deadline to sign up is February 9, 2020.

HAVE QUESTIONS?

Contact Jennifer Anderson, Director of Music Ministries at jennifera@cpstpaul.org.

WOMEN OF CENTRAL NEWS

NETWORKING GROUP

TUESDAY, JANUARY 7

We are ready to kick off the new year with a Potluck at the home of Sandy White. We will plan to meet at Sandy's at 5:30 p.m. Please RSVP to Sue Hoffman by January 5 (syhoffman123@comcast.net) or via the Women of Central page on Central's website, to let us know if you plan to attend.

On January 6th, we will send directions to Sandy's to those who have replied that they are attending. You will be able to park at church, and it is a short walk in the skyway from to Sandy's home. If you wish to walk over with the group, be at the parking lot by 5:20 p.m.



TUESDAY, FEBRUARY 4TH

Celeste Hotel + Bar
26 East Exchange St., St. Paul

A former convent and art + music conservatory, this newly renovated boutique hotel is right across the street from Central, so plan to park at the church parking lot and save parking fees!

THURSDAY, MARCH 5TH

Potluck at the home of
Maggie Gordon, Central Towers

Looking forward to seeing you at these gatherings!

KNITTING GROUP

Come join us after worship on the 2nd Sunday of the month to knit and connect with one another. On January 12th, we meet in the Oval Room after gathering in the Friendship Room for a quick cup of coffee.

We have yarn, needles, help for those who are beginning knitters and companionship. We are working on prayer pockets and prayer shawls. If you have questions, please don't hesitate to contact Maggie Gordon at margaretagordon@gmail.com.

MITTEN TREE

Thanks to the people who made and/or purchased items for the Deck the Halls Mitten Tree.

We gathered 97 total items, including 47 hats, 25 pairs of mittens/gloves, 18 scarves and 7 pairs of socks. These items will be donated to the Project Home Day Center.

Thank you!



PLANNING HELP NEEDED!

Central will be hosting the Presbyterian Women of the Twin Cities Spring Gathering on April 25, 2020. This event will give us the opportunity to meet women from across our Presbytery and share our fellowship and our beautiful space.

We need volunteers to help plan for this event. Planning will begin in January and more details of roles will be available soon. If you are interested to help us prepare for this event, please contact Sue Hoffman at syhoffman123@comcast.net or 612-998-6389 to learn more.

Thank you for considering this opportunity!

CHILDREN & YOUTH FAMILY EVENTS

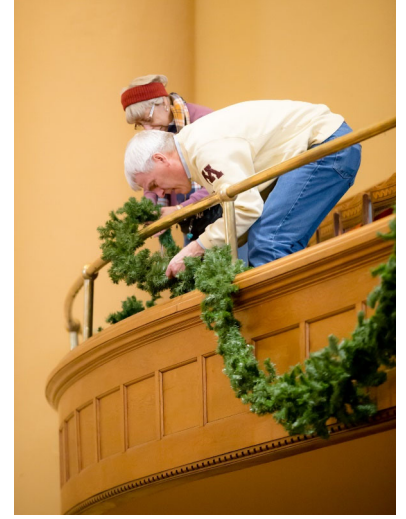
JANUARY 30TH

Join us on this Thursday evening from 5:00 - 8:00 p.m. for Family Fun Night at the St. Paul Winter Carnival at CHS field! Please RSVP to Katie Morris at katiem@cpcstpaul.org.

FEBRUARY 22ND

Join us on this Saturday morning at 9:30 a.m. for a trip to the Minnesota Children's Museum. Central will cover half of the ticket cost, so RSVP to Katie Morris by February 18 if you are going.

DECK THE HALLS!





VOCALPOINT [CONTINUED FROM PAGE 1]

recent years, this meant working at the grassroots level to encourage communities to raise their own voices through collective song. Their single "Handlebars" topped out at #37 on Billboard's Hot 100.

Mark your calendars now to attend either concert in February! (We'll also need some good volunteers to help with the 900+ audience members coming through our doors. Stay tuned for more information about that soon!) Concert dates/times are:

- **February 8 at 4:00 p.m.**
- **February 9 at 4:00 p.m.**

Tickets will be available on-line, from a chorus member, or after church starting in mid-January.

Adults: \$15 in advance/\$20 at the door. Ages 8 - 18 and college students with an ID: \$10 This concert is not geared for children under 8.

A free-will donation will also be collected at the concerts; 100% supports Express Bike Shop.

WANT TO LEARN MORE ABOUT EXPRESS BIKE SHOP?

Join us for a Tour of the shop and a bite to eat at Pizza Lucé on Thursday, January 30 starting at 5:30 pm. We'll get a bonus peek at the Best Buy Teen Tech Center as well (located right next door and also a part of Keystone Community Services!) Meet at the Bike Shop at 5:30 p.m. at 1158 Selby Avenue Saint Paul, MN 55104.



WELCOME BACK!

Join us again in January when

The Exchange returns to its

usual 9:15 a.m. time in the

Friendship Room.

BUILDING CONSTRUCTION PROJECT

One of the recommendations from the assessment of the condition of the external fabric of the building will be moving forward in January.

The historic preservation architect hired by Central gave a high priority recommendation for a drain tile project to address water leakage. We have not had standing water but it is evident that there is moisture seeping through the limestone foundation and at times up through the concrete floor. (You can see where the floor is darker when it is moist). We have consulted a civil engineering firm that has drawn up a sample plan that is the basis for this project.

The drain tile project is scheduled to last three days from January 20-23 and will involve jackhammering to dig a trench along the inside of the outer wall in three locations:

1. The basement storage rooms behind the choir room through to the pantry.
2. The basement fire escape stairs along the wall in the shop that is parallel to the drive between the church and St. Louis.
3. In the sub-basement.

This work will be dirty, dusty and very loud.

Once the trenches are opened, we will have a plumber hook up the sump pumps to new piping that will drain outside into the downspouts.

Because we want to get this done before snowmelt and another wet spring, the church is paying for this separately from the grant project work we hope will commence in the later spring. We should hear whether our grant proposal is accepted by the end of this month.

If you have any questions or concerns regarding this project, please speak with Fluryanne Leach at (240) 338-1017 or flury.leach51@gmail.com, or contact the church office.

ANNOUNCEMENTS

STICKS & STEEL 1 EVENTS IN JAN.

Our percussion ensemble for grades 3 – 5 (Sticks and Steel 1) will be rehearsing and sharing in worship in January. This is a great experience for children to discover the unique sounds of hand chimes, bells, marimba, hand drums, and other percussion. Rehearsals are:

- Jan. 12 - 11:45 a.m. – 12:15 p.m.
- Jan. 19 - Noon – 12:30 p.m.
- Jan. 26 - 10:00 a.m., then play in worship at 10:30 a.m.

If you have questions, please contact Director of Music Ministry, Jennifer Anderson at (651) 224-4728 ext.103 or jennifera@cpctstpaul.org.

DORCAS CIRCLE

Dorcas circle will meet Thursday Jan. 9 at 11:30 in the Friendship room. Bring your own lunch with coffee provided.

HAPPY BIRTHDAY!

Susan Seymour..... 1/1
 Linda Berglund 1/4
 John Lee 1/4
 Darlene Larson..... 1/6
 Eliana Klæhn..... 1/7
 Florence Zopfi 1/8
 Sally Siebell..... 1/12
 Ane Sofi Varanasi 1/14
 Peter Varanasi 1/15
 Eric Severson..... 1/16
 Stewart Siebell..... 1/19
 Richard Peterson..... 1/21
 Bonnie Zopfi 1/22
 William French 1/23
 Gabriel Lawson 1/23

JOIN US TO UN-DECK THE HALLS

Thank you to all who participated in, helped with, and supported the Children and Youth Christmas pageant on December 15th. As we move into January, the days of Christmas come to an end. We have lots of exciting things coming up in January, including VocalPoint rehearsals, so we need to prepare our space for a new season.

Help is needed to take down the Christmas trees, garlands, and greenery and carefully pack all the decorations away on Saturday, January 11, 10:00 a.m. - noon. Childcare will be provided. Please go to www.centralforgood.org/ volunteer and sign up if you are able to help. You can also contact Laura Hutton at 651-245-4173 or lehbach601@gmail.com. Come and join the fun.

Wendy Peterson..... 1/23
 Melinda Kovach 1/24
 Wendy Flinner 1/25
 Andrew Hisey 1/26
 Amanda Amarteifio 1/29
 Pat Kivela 1/30
 Jim Kovach 1/30
 Robert Singh 1/30
 Annalee Wolf 1/30

If we missed your name, please send us a note to office@cpctstpaul.org so that we can correct our records.

CENTRAL TEAM

(651) 224-4728

PASTORAL CARE

Rev. Dr. David Colby, Pastor
dcolby@cpctstpaul.org, ext. 102
 Maureen Smith, Pastoral Associate
mcsmith@tc.umn.edu
 Parish Associates: Rev. Casey Wells,
 Rev. Doug Throckmorton, Rev. Lou Bender

ADMINISTRATION

Anna Sanchez, Church Administrator
office@cpctstpaul.org, ext. 100
 Christie Rachelle, Communications
cpc@christierachelle.com
 (952) 564-4472
 Matt Ehling, Treasurer
 William Zopfi, Treasurer Emeritus
 Mary Lange, Evening Receptionist
 James Williams, Sexton

MUSIC

Jennifer Anderson,
 Director of Music Ministry
jennifera@cpctstpaul.org, ext. 103
 Music Staff: Shanta Hejmadi,
 Abbie Betinis, Adam Van der Sluis,
 Steve Swanson, David Winkworth

YOUTH PROGRAMS

Katie Morris, Children & Youth
 Ministry Coordinator
katiem@cpctstpaul.org, ext. 109
 Natalie Pence, Nursery Care Provider
 Megan Beese, Preschool Teacher

FOOD INITIATIVE

Barb Westman, Chef & Manager
Barb.westman@gmail.com
 Sue LeClaire, Sous Chef
 Peter Evarts, Dishwasher

MARTHA'S CLOSET

Sandy White, Director
wjands7@aol.com, ext. 112



CENTRAL

PRESBYTERIAN CHURCH

500 Cedar Street
St. Paul, MN 55101

ADDRESS SERVICE REQUESTED

NON-PROFIT ORG.
US POSTAGE PAID
TWIN CITIES, MN
PERMIT NO. 1077

CENTRAL IS *in the city for good!*



Thank you to our Central staff for their time, hard work and creative efforts to design a dynamic and rewarding calendar of activities this Christmas.