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CENTRAL BEGINS FIRST ACTION PHASE FOR HUNGER INITIATIVE

The Coordinated Mission Committee shared a final report of the Hunger Task Force with the Session that was full of information and proposals for phases of support and activities we can take to help people who are hungry.

Over the course of the summer, Central's Hunger Task Force identified several important principles that guided their final report and were affirmed by the Session. These principles are:

- Partnership and collaboration are essential to efficient hunger solutions. More good is accomplished by supporting another organization that is already doing good work, rather than trying to "reinvent the wheel" with a competing program.
- There is also value in socialization and the building of personal connections. These connections help bridge the gaps in understanding between people and bring them together in caring about the problem of hunger.

Furthermore, socializing and building personal connections will increase the visibility of Central as "In the City for Good." The recommendations in this report include volunteer experiences and community meal events that will increase the visibility of Central and help familiarize the congregation with the problem of hunger, bringing them along as Central's Hunger Initiative progresses.

- It is important not to overstrain the capacity of Central. For this reason, some of the Hunger Initiative funding should be rationed for future program need. Additionally, the hunger initiative recommendations should occur in phases over time.
- The organizations that Central chooses to fund should agree to maintain some sort of accountability to Central after the funding, further bringing the congregation along as

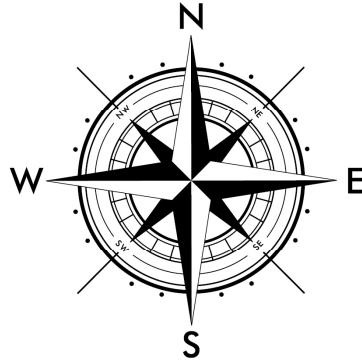
WORSHIP

SUNDAY, NOVEMBER 4

As we observe All Saints' Day, we will remember those who have died in the past year by name. Loved ones are invited to bring pictures and keepsakes of those who have died, which will be placed by the pulpit. We will celebrate communion and Rev. Colby will preach. Central 360 sermon series continues with a look at the history of our community. There will be special music from the Central Choir as we remember the Saints who have gone before, including the first movement of Gabriel Fauré's beautiful *Requiem*, and John Rutter's rousing *When the Saints Go Marching In*. Karen Hansen joins us on clarinet.

SUNDAY, NOVEMBER 11

On this Stewardship Sunday, we have a chance to think about why we meet together, how we encourage one another and spur one another on toward love and good deeds. It is a day to dedicate gifts and pledges and also a day to dedicate people. We will be commissioning the participants in the Puerto Rico mission trip (see page 3). Music from three ensembles will be featured in worship today, and also from our Composer in Residence, Abbie Betinis. The adult and children's choir will both sing, including Betinis' "Love is Love is Love" which they will sing together. Also, Ars Nova Brass Quintet plays festive music.



FALL SERMON SERIES CENTRAL 360

SUNDAYS 10:30 A.M.

Looking inward and outward, exploring topics that are central to faith & central to our lives.

www.centralforgood.org

Call to Congregational Meeting:

A congregational meeting to elect officers will be held Sunday, November 11, immediately following the 10:30 a.m. worship service. All active members of the Central congregation are eligible to vote and be considered for office. A slate of nominees for vacant positions on the Session and Board of Deacons will be presented by the Nominating Committee, as well as nominations for next year's Nominating Committee member-at-large positions. Additional nominations from the floor may be made at the meeting.

SUNDAY, NOVEMBER 18

Throughout November, Central will serve as a shelter for children and their parents experiencing homelessness, through Project Home. So this month, as we look inward, we will come to meet and learn about issues of homelessness as we continue the Central 360 sermon series and explore housing

and homelessness. As we look out our historic doors, we can see construction continuing on a new multi-use "opportunity center" that provides meals, career assistance and units of housing. On this day worship will both educate and continue to ground our efforts in the ways of Jesus as we work for justice and hope and care for our homeless neighbors. Central Choir sings.

SUNDAY, NOVEMBER 25

"We give thanks." Those words are at the heart of the communion liturgy of the church. While Thanksgiving is not a religious holiday, the practice of gratitude is at the heart of our faith. Central 360 sermon series continues with a look at media.

Education for All Ages 9:30 a.m.

Worship at 10:30 a.m.

Coffee & Fellowship 11:30 a.m.

['HUNGER INITIATIVE' CONTINUED FROM PAGE 1]

Central's Hunger Initiative progresses.

We know that people often come to the church hungry and in need of healthy, free food. We also learned that hunger is a very real issue for some of the residents at Central Towers, located across Cedar Street from the church. **In our first phase of decisions, we intend to address these issues. And we have begun to put the funds we received to good work.**

We have purchased snack packs packaged and prepared by a local nonprofit called MATTER. These snack packs are healthy, convenient and shelf-stable. We anticipate using \$200 per year to have these MATTER snack packs available in the church office, and they can be distributed by staff, ushers, or church members to anyone who asks for help.

Our summer Hunger Intern Sarah Hoffman helped us to discover a link

between a local organization that needed assistance (Central Towers) and an innovative new local program (iHelp Market Square) which currently serves two high-rises with a mobile food truck that makes weekly deliveries. iHelp was willing to begin deliveries to Central Towers, but needed a new cargo van in order to expand.

Central sent funds to iHelp to enable the purchase of a used cargo van and weekly meal deliveries will begin at Central Towers in early November. Residents are excited and are organizing into volunteer teams to help organize and distribute the food that will be delivered.

We will continue to share news and updates in the newsletter and on our website. If you ever have questions, please feel free to speak with Rev. Colby or a member of the Coordinated Mission team.

A SPECIAL INVITATION FROM THE CENTRAL CHOIR!

Those who wish to join the choir for our very meaningful "Lessons and Carols" service on December 16 are invited to start rehearsing with the choir on Wednesday, Nov. 28 at 7:15 pm in the Sanctuary.

Please let Jennifer Anderson, Director of Music Ministry (jennifera@cpcstpaul.org) know that you will be participating by Nov. 14

so that music can be set aside for you. Friends are welcome to sing with us as well, so please invite those who enjoy choral singing.

PUERTO RICO MISSION TRIP

We have a great group of fifteen people on this trip.

- David Colby
- Dwight Colby
- Deanne Pratt
- Christie Rachelle
- Jess Garner
- Mark Vance
- Casey Wells
- Sharon Knowlton
- Adam Van der Sluis
- Art Anderson
- Todd Mikish
- Josh Voelker
- Eric Bartlett
- Mary Miller
- Kiera Faye

Please keep us in your prayers and we hope you will follow along from afar! Although electricity and internet service continue to be sporadic in Puerto Rico, we plan to post pictures and updates on Central's social media pages. You can also follow the Facebook page for La Posada de Angeles. We travel on November 13 and 20, and are looking forward to worshipping with Primera Iglesia Presbiteriana en Añasco.

If you want to support this mission trip, but were not able to go to Puerto Rico for this trip, we will gladly accept scholarship assistance, or donations for the overall work of Presbyterian Disaster Assistance or to First Presbyterian of Añasco, which has been a hub for supplying food, supplies and social services to the community in and around Añasco.

PROJECT HOME NEEDS VOLUNTEERS



Very soon, Central will be opening its doors to area families as part of our annual Project Home. For too many families in our community, the conditions of homelessness are the real and bad news in their lives. During the month of November, Central will serve as a homeless shelter for 20 people, offering hospitality, compassion, and hope. To make this happen, we rely on volunteers to serve as hosts each night during this month-long program.

OVERNIGHT HOSTS

STILL MANY SPOTS TO FILL!

This is an easy position to fill with the work-shift from 8:00 p.m. to 7:30 a.m. (weekdays) or 9:30 a.m. (weekends). Overnight hosts assist to ensure everyone is settled for the night, then sleep in a separate room where beds are provided. In the morning, overnight hosts put out a simple breakfast (plus clean it up)

and assist the Project Home staffers in seeing families off for school, work, or other activities. Your presence is to answer any questions that may come up during the night. However, most families will be with Central for the entire month and will know the routine.

EVENING HOSTS

SHIFTS STILL AVAILABLE!

The work-shift is from 5:30 - 8:30 p.m. The evening hosts meet up with Project Home staff members to welcome and assist our guests, read and play with children, converse with parents, and serve snacks.

WANT TO VOLUNTEER?

Sign up today to serve as an evening or overnight host. We maintain an online schedule for volunteer sign-ups. **To see the schedule and to reserve a spot, go to www.centralforgood.org/volunteer** and follow the link for Project

Home. You can learn more about Project home on our website at www.centralforgood.org/project-home.

To really get the most out of the experience for yourself, and to truly become a friendly and trusted host to our guests, consider signing up for multiple shifts.

If you have any questions about the positions, schedule or signing up, please contact Anna Sanchez at office@cpctstpaul.org or call (651) 224-4728 ext. 100.

NEW MEMBER CLASS

Want to learn more ways Central is in this city for good? Come to our New Member Class Sunday, December 2, 11:45 a.m. to 2:00 p.m.

Following worship on Sunday, December 2, Rev. Colby and folks from the New Members and Volunteers Committee will hold a conversation for people interested in learning more about Central and getting more involved. We're calling it a New Member Class, but we don't

twist arms here at Central. You can come to the class with your mind open to whether membership might be right for you.

This class is for people:

- who want to get more involved at Central.
- who want to meet other people who are part of the Central community.
- who want to learn more about the mission of Central as well as its past, present, and future.

- who want to reflect on their faith journey.
- who may be or are ready to join Central as a member.

We will begin with lunch, share and learn about others, take a tour, ask questions and explore the role of faith in our lives. We will be glad to provide childcare if that will be helpful. So that we may properly plan for enough lunches, please RSVP to alexmbollman@msn.com. Hope you will join us!

DATES TO REMEMBER

December will soon be here and with it comes busy calendars of holiday activities - at church, with school and with family. So, be sure to add these dates to your growing calendar of events and reminders!

November 22 & 23
Church office is closed for the Thanksgiving holiday.

December 2
TubaChristmas at 4:00 p.m.

December 8
Deck the Halls, including Pageant rehearsal at 9:30 a.m., brunch at 10:00 a.m., music by the North Suburban Chorus at 10:30 a.m. and decorating at 11:15 a.m.

December 9
Pageant during worship.

December 16
Nine Lessons and Carols during worship.

December 20
"Songs of the Season" Schubert Club concert at Central at 7:30 p.m.; free and open to the public.

December 23
All-church caroling following worship.

December 24
Christmas Eve worship at 4 p.m. and 10:30 p.m.

December 2, 5, 9, 12, and 16
Alternative Gift Market is open.



On Sunday, October 28, worship welcomed the baptism of Rowan Arthur Klaehn, born to Jaelyn and Scott Klaehn on August 9, 2018.



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WOMEN OF CENTRAL

Join us for our next networking dinner outing, which will be our last for 2018 as the holiday season will soon be upon us.

UNION DEPOT
— BAR & GRILL —

Thurs, Nov. 8
Union Depot
Bar & Grill
214 - 4th St East

Please RSVP to the church office or to Sue Hoffman (612-998-6389 or syhoffman123@comcast.net), as it helps us get a count for a table reservation and if child care is needed. We depart the church parking lot at 5:15 p.m. for the restaurant. You can also meet us at 5:30 p.m. at the restaurant. Come and join the fun!



THANK OFFERING - NOV. 18

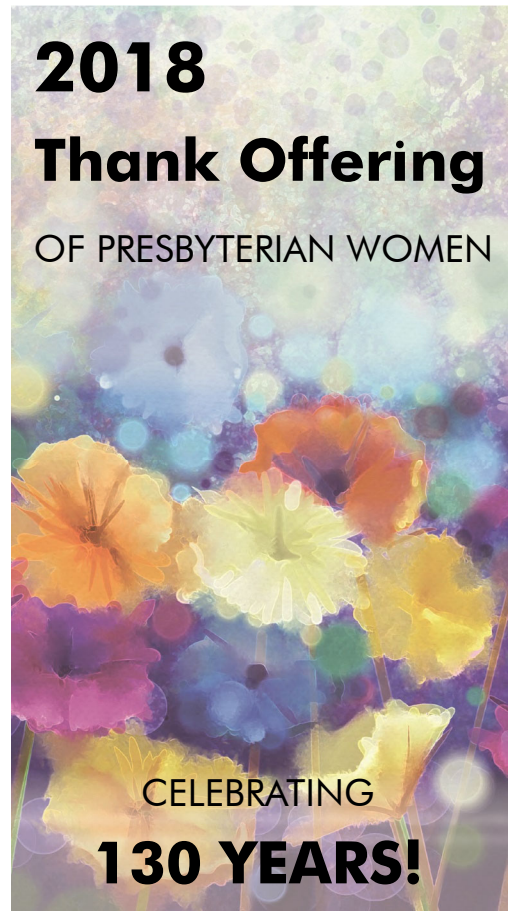
During the 3rd Sunday Lunch in November, you will have an opportunity to contribute to the Presbyterian Women's Thank Offering.

Since 1888, the Thank Offering has provided much-needed financial assistance to mission projects regionally, nationally and around the world. Today, it provides funding to critical mission projects around the world and all donations go directly to the projects.

To be considered for a Thank Offering grant, projects must have a clearly defined purpose that meets basic human needs and be a creative project less than three years old, or an existing project moving in a new

direction. Grants provide access to food and water, alleviate homelessness, provide educational opportunities, promote health, and improve the lives of women, children and men throughout the world in many other ways. In 2018 - thanks to your generous giving in 2017 - 16 projects (12 national and 4 international) received grants.

Central has been so generous in our support of the Thank Offering. Join us on November 18 for good food and fellowship, and to support new projects via the 130th Thank Offering!



PRESBYTERIAN WOMEN OF T.C. FALL GATHERING

On October 13, eight women from Central attended the fall gathering, which is a meeting of women from churches across our Presbytery. The focus of this gathering was "Mission is Possible".

Speakers from three organizations that our Presbyterian Women have supported shared updates. These organizations provide support to people in need locally and around the world. The speakers were Kara VanderKamp, Founder and Executive Director of the Remember Niger Coalition, a non-profit organization committed to unite people and raise resources to expand educational opportunities for all girls and boys in Niger; Carol Nelson M.D., Volunteer Executive Director of the Minnesota Based Rural Health Care Initiative, based in Sierra Leone, which focuses on reducing maternal and infant mortality through increased access to culturally appropriate quality health care; and Monica Groves, Mission Advancement Director at The Dwelling Place, a local Christian ministry providing healing, hope and a safe place to call home to victims of domestic abuse. Central shared an update on Martha's Closet, our own mission providing clothing for women in need. A great time was had by all!



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EMAIL QUESTIONS ANYTIME
office@cpcstpaul.org

DECK THE HALLS AT CENTRAL

Come one, come all for Central's Deck the Halls celebration! On December 8, there will be activities for everyone! Read on for information about the schedule and activity options. We'll see you there!

PAGEANT REHEARSAL

Children in the Christmas Pageant will gather in the sanctuary for a final dress rehearsal starting at **9:30 a.m.** We would love 4 or 5 parents volunteers to help with costumes as well as help groups move to their places as we walk through the play.

BRUNCH

Please join us in the Dining Room at **9:45 a.m.** for greetings and punch; then at 10:00 we will have a wonderful meal, prepared by our amazing chefs and sponsored by the Women of Central. Kids will join us

after their rehearsal. At 10:30, the North Suburban Chorus will provide a program of music for all ages!

Brunch tickets will be available on Sunday December 2 after worship and also at the door on December 8. Ticket prices:

- Adults - \$10.00
- Children under 12 - FREE
- Decorating Volunteers - \$8.00

Mitten Tree - We will collect mittens, hats, scarves and socks for The Family Place at the brunch.

DECORATING

Beginning at **11:15 a.m.**, we need lots of volunteers to hang greenery outside, garlands and bows on the balcony railing, poinsettias placed and swags hung in the sanctuary, trees and crèche set up in the Friendship Room and the lower

entry, and of course decorating the tree.

To sign up as a volunteer, go to www.centralforgood.org/volunteer. This is a great way to get to know people in our congregation and to have fun creating the holiday setting at Central!

During decorating, kids are invited to Christmas activities in the Orange Room and Lounge.

FOR MORE INFO

- BRUNCH AND MITTEN TREE
Sue Hoffman - 612-998-6389
syrunkel@comcast.net
- PAGEANT REHEARSAL
Jessica Jones
jessicagraceyones@gmail.com
- DECORATING
Charrie Willis - 651-226-7687
willis.carl@comcast.net

2019 STEWARDSHIP CAMPAIGN

This fall we have been exploring the theme of Central 360 and thinking multi-directionally about the church and our impact on the city and world. Looking to our past and ahead to our future. Connecting what we are about with what we can see to the north, south, east and west.

We fully believe that we are in the city for good – that together we can create beauty, peace, and justice. That through our cooperative efforts, we can change lives for the better by

our efforts to address problems of hunger and homelessness.

Central's mission and ministry rely upon the generosity of members and friends. With great optimism and anticipation, we are looking to finish 2018 in a strong position and with momentum toward the coming year. Because we believe that stewardship, intentional generosity, is a spiritual discipline, we really encourage the practice of pledging for the coming year. So we encourage you to be thoughtful,

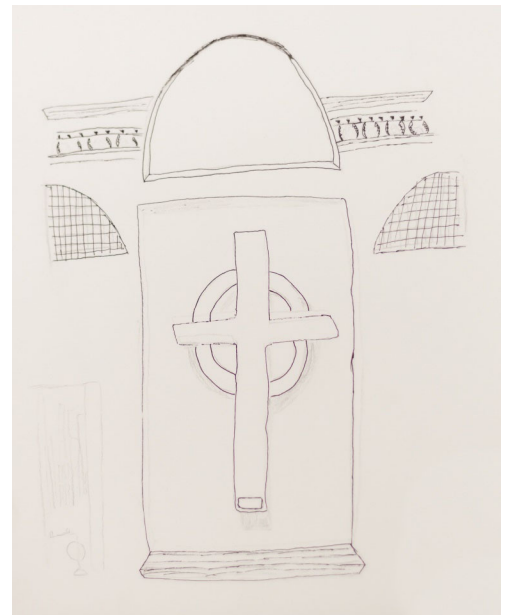
prayerful and then intentional about what and how you can give in 2019. We are also committed to helping people find ways to give that our convenient and smart.

Stewardship dedication Sunday is November 11. A letter and pledge card will be arriving in your mailbox in early November. Please consider what you can contribute. Together we can accomplish more than any of us alone.

SKETCHING WORKSHOP FUN

In October, 12 artists took part in a sketching workshop with Jeanne Kosfeld, exploring the spaces at Central with an artistic eye.

After time spent putting in practice what we learned, one thing was clear... there is a lot of natural talent within our church!



VOCALPOINT AUDITIONS & FIELD TRIP

Thanks to all who were able to join us in October as we began our 8th season of VocalPoint! At our kick-off event, the Central Choir was joined by a number of VocalPoint singers, we heard from the Executive Director of Walk-In Counseling Center Mary Weeks, and many people stayed after for lunch and a chance to ask questions about the important work that Walk-In does on behalf of mental health.

Auditions are fast approaching! Mark your calendar to audition for this amazing choir event on Thursday, November 8 or Sunday, November 11. Learn more about auditions on the VocalPoint website at www.vocalpointchorus.org.

Join us for the Field Trip to the Science Museum of Minnesota on Sunday, November 18 to see their exhibit *Mental Health: Mind Matters*. This groundbreaking exhibition aims to build a greater understanding of the importance of mental health and create a safe space for important

conversations about mental illness. Hands-on experiences throughout the exhibit bring you closer to the facts, feelings, and issues surrounding this topic that touches so many of our lives.

After worship, stay for Third Sunday Lunch and then as a group we will walk over (or carpool) to the Science Museum. The cost is \$19 per adult

(less for children and seniors, less if we have a group of 15 or more). Scholarships are available.

Remember to mark your calendar for the VocalPoint concerts on February 9 and 10 at 4 p.m.

Learn more about VocalPoint on their website www.vocalpointchorus.org.



ANNOUNCEMENTS

DORCAS CIRCLE

Dorcas Circle will meet Thursday November 14 at 11:30 a.m. in the Friendship Room. Bring your own lunch. Coffee and dessert will be served. We will look at lesson 3.

PERSONNEL COMMITTEE

The Personnel Committee of Session will meet on Monday, November 12 at 10:30 a.m.

NEW STAFF

Please join us in welcoming Amanda Her to Central's staff. Amanda will begin as our Nursery Care Coordinator on October 28. Amanda impressed our search committee with her experience in caring for young children, her poise, communication skills, and exceptional knowledge of the care for others. Watch for more good news as we continue to expand our staff.

HAPPY BIRTHDAY!

Avis Tilden 11/3
 Nancy MacDonald..... 11/4
 Stevana Ndumbe..... 11/4
 Amorita Linner 11/8
 Wendy Neuman 11/8
 Del Case..... 11/12
 Philip Nichols 11/12
 Mark Juffer..... 11/15
 Jackie Klaehn 11/19
 Lucille Ferguson 11/20
 Deborah Fonkert 11/21
 Kaylee Gustafson..... 11/21

BOOK GROUP

Book group will meet Tuesday, November 12 and 26 in the Friendship Room at 10:30 a.m. We will be discussing the book *Gentleman in Moscow*.

CENTRAL TO AGAIN SERVE AS POLLING SITE

We are in the city for good. And Jesus commanded us to love our neighbors. On election day (Nov. 6), neighbors stream in and through our building to vote. It is a great way to make connections and use our facility to strengthen the neighborhood connections and civic participation. Thank you to the election officials and volunteers – and if you are here to vote, hope you will say hello!

KNITTING GROUP

Knitting Group returns in January.

David Colby..... 11/22
 Chandy John..... 11/23
 Kathleen Zopfi..... 11/24
 Lisa Kelly..... 11/25
 Connie Taylor 11/27

If we missed your name, please send us a note so that we can correct our records:

CENTRAL TEAM

(651) 224-4728

PASTORAL CARE

Rev. Dr. David Colby, Pastor
 dcolby@cpcstpaul.org, ext 102

Maureen Smith, Pastoral Associate
 mcsmith@tc.umn.edu

Parish Associates: Rev. Casey Wells,
 Rev. Doug Throckmorton

ADMINISTRATION

Anna Sanchez, Church Administrator
 office@cpcstpaul.org, ext 100

Christie Rachele, Communications
 cpc@christierachele.com

Matt Ehling, Treasurer
 William Zopfi, Treasurer Emeritus

Mary Lange, Evening Receptionist

Patrick Cook, Sexton

MUSIC

Jennifer Anderson, Director of Music
 jennifera@cpcstpaul.org, ext 103

Section Leaders: Shanta Hejmadi,
 Abbie Betinis, Adam Van der Sluis,
 Steve Swanson, David Winkworth

YOUTH PROGRAMS

Amanda Her, Nursery Care

Megan Beese, Preschool Teacher

FOOD INITIATIVE

Barb Westman, Chef & Manager
 Barb.westman@gmail.com, ext 114

Sue LeClaire, Sous Chef

Peter Evarts, Dishwasher

MARTHA'S CLOSET

Sandy White, Director
 wjands7@aol.com, ext 112



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CENTRAL IS *in the city for good!*

With the help of donated clothing and personal items, Martha's Closet provides women in need with career or other necessary clothing. In 2017, Martha's Closet had 500 visits by women referred by area social service agencies.

