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**ALL SAINTS' SUNDAY**

**Invitation for a space and time for reflection**

On Sunday, November 1, the Worship, Music and Arts Committee invites you to a time of reflection and remembering in our church sanctuary. There will be an opportunity to pray, see the names and memorial items of church members and friends who have died in the last year, honor all those who have died of COVID-19, hear meditative music by some of our musicians, and light candles for those in your life who you want to remember and give thanks for this All Saints' Day.

In order to create a safe environment, and in following the CDC guidelines, we will limit the

number of people in the sanctuary and the building, and we will have directions on entering and exiting the building. Please park in the Minnesota Public Radio lot (behind the church off 9th and Minnesota). An usher will invite you in and guide you up to the sanctuary. Upon leaving the space, you will be asked to exit the Cedar Street door and go back to the MPR lot via the sidewalk. Both spaces are accessible; however there will be accommodations made for those who need to return to the MPR via the church elevator. Masks will be required; we will have extras for those who need one.

## UPCOMING WORSHIP

### Sunday, November 1

This week we will reflect and remember this All Saints' Day. In addition to online worship service, there is a special open house event. To learn more, see page 1.

### Sunday, November 8

On this Sunday after elections in the United States, we will step away from our fall worship series looking at people of faith enduring long periods of time. We will turn to images about a community overcoming factions to work for the common good found in First Corinthians (chapters 12 and 13). Rev. Colby will preach.

### Sunday, November 15

This will be our final Sunday in the Fall worship series that has been looking at people of faith enduring long periods of time. On this Sunday, we will hear a story from the first chapter of Acts. In one of his final commandments, Jesus told the disciples to wait for the coming of the Holy Spirit. And while they wait, they think about how best to select new leaders for the community. This is a timely story on a day that we prepare to elect elders and deacons for Central!

There is a congregational meeting on Sunday, November 15 at 11:30 a.m. Look for information about this meeting that will occur on Zoom. We will send out a special email and mailing about this meeting with final language of the call to the meeting, the Zoom invitation information, and instructions for participation,

including voting information. Information will also be made available in other formats, including worship materials.

### Sunday, November 22

Join us this week for Confirmation Sunday!

### Sunday, November 29

At the time of this printing of the newsletter, plans for this week are still in the development phase.

**Join us  
for worship each  
week online at  
[www.centralforgood.org  
/stream](http://www.centralforgood.org/stream)**

**New to Central?  
Drop us an email and  
say hello. We'd love to  
connect with you!**

**[office@  
centralforgood.org](mailto:office@centralforgood.org)**

## CENTRAL STAFF

(651) 224-4728

### PASTORAL CARE

Rev. Dr. David Colby, Pastor  
davec@centralforgood.org, ext. 102

Maureen Smith, Pastoral Associate  
maureens@centralforgood.org

Parish Associates: Rev. Casey Wells,  
Rev. Doug Throckmorton,  
Rev. Lou Bender

### ADMINISTRATION

Anna Sanchez, Church Administrator  
office@centralforgood.org, ext. 100

Christie Rachele, Communications  
christier@centralforgood.org, ext. 105  
(952) 564-4472

Matt Ehling, Treasurer  
William Zopfi, Treasurer Emeritus

Mary Lange, Evening Receptionist

Lavar Jones, Sexton

### MUSIC

Jennifer Anderson,  
Director of Music Ministry  
jennifera@centralforgood.org, ext. 103

Music Staff: Shanta Hejmadi,  
Abbie Betinis, Adam Van der Sluis,  
Steve Swanson, David Winkworth

### YOUTH PROGRAMS

Katie Morris, Children & Youth  
Ministry Coordinator  
katiem@centralforgood.org, ext. 109

Natalie Pence, Nursery Care Provider

Megan Beese, Preschool Teacher

### FOOD INITIATIVE

Barb Westman, Chef & Manager  
Barb.westman@gmail.com

Sue LeClaire, Sous Chef

Peter Evarts, Dishwasher

### MARTHA'S CLOSET

Sandy White, Director  
martha@centralforgood.org, ext. 112

# WOMEN OF CENTRAL NEWS

## Networking Dinners

Because our group has a history of gathering for food and fellowship, we decided to share recipes at our October gathering. We chose to focus on an ingredient, squash, that offers almost endless possibilities for type and preparation. We enjoyed sharing these recipes and can't wait to get together in November!

We will meet on November 9 and focus on thanksgiving. Join us via Zoom to share fellowship and support for one another from 5:00 - 6:30 p.m.

**JOIN VIDEO ON SMARTPHONE, COMPUTER OR TABLET, GO TO:**  
<https://us02web.zoom.us/j/89257979391>

**OR VIA PHONE CALL IN:**  
 (312) 626-6799, then enter Meeting ID: 892 5797 9391#

Not on our mailing list for future event announcements? Email [women@centralforgood.org](mailto:women@centralforgood.org) to be added to the list.

## SPECIAL OFFERING

[ BY SUE HOFFMAN ]

During the November 15 worship service we will have an opportunity to learn more about the Presbyterian Women's Thank Offering. This year marks the 132nd anniversary of the Thank Offering which provides financial assistance to mission projects locally, regionally, nationally and around the world. Through the Thank Offering, we help fund programs that provide health care education and resources, education, disaster relief, safe housing, cooking instruction, training for justice and advocacy work, and so much more.

To be considered for a Thank Offering grant, projects must have a clearly defined purpose that meets basic human needs and be a creative project less than three years old, or an existing project moving in a new direction.

Presbyterian Women USA manage the offering so that 100% of your donations go directly to the projects. Funds donated in 2020 will support projects in 2021. Fifteen

projects received grants in 2020, including a project in our Synod (Presbytery of South Dakota) that supports transition housing for expectant mothers who struggle to secure housing due to lack of proper identification, poor credit, no positive rental history and lack of income. The grant received will help purchase a home to provide welcoming, safe and healthy transitional housing for these expectant mothers.

You may donate to the Thank Offering by check or online at [centralforgood.org](http://centralforgood.org). Please make checks payable to Women of Central. Checks may be sent to the Church Office, 500 Cedar Street, St. Paul, MN 55101. Select Give, then choose Thank Offering - Women of Central in the Special Offering section of the page.

Thank you for your support of the Thank Offering. To learn more about the Thank Offering of Presbyterian Women, go to [www.presbyterianwomen.org/thank](http://www.presbyterianwomen.org/thank).

**Thank Offering** <sup>2020</sup>  
OF PRESBYTERIAN WOMEN

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*Do not worry  
 about anything,  
 but in everything  
 by prayer  
 and supplication  
 with thanksgiving  
 let your requests  
 be made known to God.  
 And the peace of God,  
 which surpasses  
 all understanding,  
 will guard your hearts  
 and your minds  
 in Christ Jesus.*

---

—Philippians 4:6–7\*

# NOVEMBER CONGREGATIONAL MEETING

A congregational meeting to elect officers will be held Sunday, November 15 at 11:30 a.m. via Zoom. (The Zoom link and meeting information will be mailed/emailed to all members.) A slate of nominees for vacant positions on the Session and Board of Deacons will be presented by the Nominating Committee, as well as nominations for next year's Nominating Committee member-at-large positions. Additional nominations from the floor may be made at the meeting. All active members of the Central congregation are eligible to vote and be considered for office.

Following you will find information on the nominees currently on the table to be presented by the 2020 Nominating Committee.

The Nominating Committee consists of elders Stu Siebell (chair), Mary Miller, Alex Bollman, Mark Vance (Deacon representative), Rev. David Colby (ex-officio), and Mel Leach. It

is pleased to present the following slate of nominees to be voted upon at the meeting of the congregation. We are grateful to the following people for agreeing to serve if elected, and eager to see them use their talents and faith for the service of God through this church.

## For Session Class of 2023

**MATT EHLING** has been a member of Central since 2009, and currently serves as the church Treasurer. He works in communications and television production, including for Twin Cities Public Television. He is involved in volunteer activity for open government groups, including the Minnesota Coalition on Government Information (through which he advocates for open records laws at the capitol) and Public Record Media, which does open records research and

litigation. He lives in Saint Paul with his wife Cheri, their son Joe, and a very loud beagle.

**CINDY JESSON** and her husband, Peter Knapp, joined Central last year, having been members at Dayton Avenue Presbyterian Church for over 30 years. Since joining Central, she has been an active member of the Adult Bible Study, as well as a clarinet player in the Chamber Ensemble. In her professional life, she has held leadership roles in the public and private sectors in Minnesota, currently as a Judge for the Minnesota Court of Appeals and, just before that, as Commissioner of the Minnesota Department of Human Services. (Both just down the street from Central!). She currently serves as a member on the following boards of directors: Interfaith Action of Greater St. Paul; Close Gaps by 5; and Lutheran Social Services of Minnesota, where she is the vice chair. Cindy would be honored to



*Matt Ehling*



*Cindy Jessen*



*Mel Leach*



*Craig Muntifering*

serve as an Elder at Central.

**MEL LEACH** and his wife, Fluryanne, joined Central just over 6 years ago after they returned to the Twin Cities. They both worked for the government in the Washington D.C. metro area and were glad to be back in Minnesota. In Mel's time at Central he has been a Sunday morning coffee preparer, a Christmas-tree-ladder-climber, a worship leader, and a preacher on three occasions. Mel has previously served as an Elder and looks forward to serving in that role at Central.

**CRAIG MUNTIFERING** has been a member of Central Presbyterian Church for 8 years and served as a Deacon for six years. He has also served as an usher and enjoys serving and performing KP duties in the kitchen for Third Sunday Lunches. Craig is currently serving on the board for Vocal Point with the specific duties of bookkeeping. He very much enjoys the music at



*Craig Foss*

Central and admires and respects the caring and thoughtful staff of the church since he first joined. The congregation has always been friendly and welcoming, and he highly values the commitment to community involvement.

**CRAIG FOSS** grew up on a farm in Southwest Minnesota and attended Gloria Dei Lutheran Church in Redwood Falls MN. He raised horses and cows, his mother was a nurse and his father a cattle buyer. Craig has one brother who lives in Aberdeen SD and is married and has two children. He has a sister who is a Lutheran pastor. Craig attended St. Olaf College in Northfield MN from 1988 to 1992. He graduated with degrees in mathematics and political science. Craig attended Law School in St. Paul at Hamline University School of Law from 1992 to 1995. He moved to Alexandria MN in 1998 and practiced law there until 2015 when he decided to move back to St Paul. Craig currently operates his



*Phyllis Brashler*

own law firm, Albatross Law, doing general litigation. Craig has been an Elder since 2017.

**PHYLLIS BRASHLER** has been a member of Central since she moved to Minnesota with her husband Kevin in 2008. She has lived a little bit of everywhere over the years, with a little time in Southern CA as a young child, to Baltimore, MD, then to Boston MA, and now they are honorary Minnesotans. Kevin and Phyllis have two fantastically brilliant kiddos, Nora (10) and Caitlyn (6). Kevin isn't much of a churchgoer, but Phyllis grew up in the Presbyterian church from Day 1. She works at the Minnesota Department of Health, but is a sociologist at heart. When not chasing her kids around, you can find her reading a good book, out for a walk, or catching up with friends.

## Deacon Nominations

**ALLYNNE BURG** visited a number of churches after DAPC closed.



*Allynne Burg*

DAPC always reminded Allynne of her church-home in New York - high spirited and welcoming. Originally from New York, she came to Minnesota in 1962 to attend lab school, worked for doctor offices, and attended the University of Minnesota, majoring in medical-tech. Allynne retired in 2013 from St. John's hospital lab after 41 years. She loves ballet, walking, crocheting, knitting, concerts, and to travel: China, Egypt, Israel, Palestine, Caribbean.

**NANCY COLBY** feels the honor to have been nominated to be one of Central's Deacons. If elected, she will have been a Deacon at three Presbyterian churches. In fact, she is a lifelong Presbyterian, having been baptized in a little prairie church in North Dakota. As a member of Central, Nancy serves on the New Members and Volunteers Committee, participate in the Anti-Racism Task Force, and enjoys the Women of Central group.



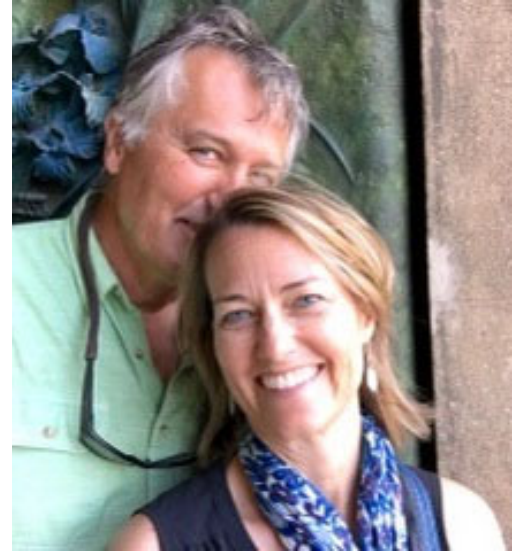
*Nancy Colby*

You, of course, know one of Dwight's and Nancy's children. They also have two daughters and seven grandchildren, who just may be in danger of being hugged to death whenever this pandemic ends.

Before retirement, Nancy was an educator in elementary schools. Pastimes now include gardening, reading, participating in French conversation groups, and visiting with family and friends on her patio during these last strange months.

**LAURA WILLIAMS** and her husband, Derek Peterson, live in the Central neighborhood and spend time traveling for work or spending time at the family farmhouse in rural North Dakota and in a little palapa house in a village in Mexico.

Professionally, Laura works with Derek in their business (ICAR-US, LLC) focusing on community and adolescent resilience. She also founded Wise Action Consulting as



*Laura Williams*

a home for her work supporting leaders with the concepts and methods they need to influence change in complex systems. For over twenty years, she worked on improving and coordinating community responses to sexual violence both in Minnesota and nationally. Today, she continues to consult and write in this arena too.

Laura treasures the time she's spent as a Deacon, carrying a message of love and support to members of our congregation. She organized a training for Deacons around grief and dying including guidance on how to adapt rituals for on-line experiences.

## Member-at-Large Nominations

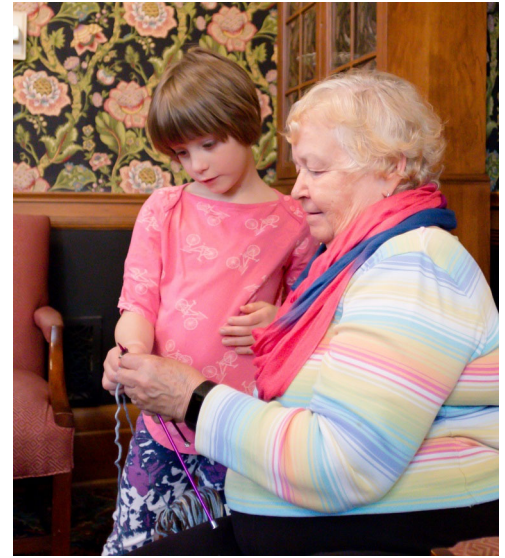
**ERIKA KELLY KENNEDY** has been a life-long member of Central. Some of her early church memories are playing the angel in the Christmas pageant and participating in youth

mission trips. Now that she is all grown up some of her church memories include previously serving on the Session and the Nominating Committee. Erika lives in White Bear Lake with her husband Sean, their son Andrei, and dog Elly. In her free time, she likes exploring the outdoors, playing in the dirt of her gardens, doing yoga, and reading a good book.



*Erika Kelly Kennedy*

engineering firm in Minneapolis. She thoroughly enjoyed making maps. Since retirement, Lynda has studied



*Lynda Petrie*

Norwegian, yoga, tai chi, as well as reading and knitting. But the most enjoyable is spending time with her four children and 10 grandchildren.

**ALL SAINTS SUNDAY** [ CONTINUED FROM PAGE 1 ]

We would invite anyone who would like to remember a loved one (they do not need to be a member of Central church) who has died within the last year to bring a special item to display as part of the memorial. Perhaps a photo, a craft item, or a special gift that speaks of what made that person unique and loved. These items will be on display not only during the November 1 open house hours, but will also be included in a video used in online worship that morning.

Items should be brought to the church office during the following times:

Tuesday, October 27 between 9:00 - 3:00 p.m.

Wednesday, October 28, between 9:00 - 3:00 p.m.

It is helpful to call Anna or Mary ahead of time so they know to listen for you. (651) 224-4728 .

Worship will also be available online on Sunday, November 1, at [www.centralforgood.org/stream](http://www.centralforgood.org/stream), and will include a video of the memorial display, reading of the names of Central members and friends who have died in the last year. We will also share the sacrament of Communion.



# 2021 STEWARDSHIP CAMPAIGN FOR CENTRAL

[ BY REV. DAVID COLBY ]

This fall we have been exploring the theme of people of faith enduring long and difficult times. We have heard from so many people that the worship and mission and ministry of this church is helpful as we endure this strange and difficult year of 2020.

Thank you to all those who have made the mission and ministry of Central possible through gifts of time, and talent, and financial support. We are the church together!

And if you are in a time of difficulty, please reach out to the church. The Deacons, in particular, stand ready to provide support, including financial support, through the Deacons Emergency Fund.

The last four months of the year are usually when we receive the greatest

number and amount of contributions. And while our giving so far in 2020 has tracked fairly well, the uncertainty of this fall makes our budget-planning very challenging. If you made a pledge for this year and fulfilled it already, thank you! If you are able to keep contributing, or make an additional gift in 2020, it would be greatly appreciated.

Watch for information that will be publicized soon for a chance to join the Chair of the Finance and Stewardship Committee and the Treasurer for Central in a conversation about giving, how our pandemic planning is going, and to answer questions that you might have.

And now is the time we begin to ask for your financial support for the coming year.

We fully believe that we are in the city for good – that together we can create beauty, peace, and justice. That through our cooperative efforts, we can change lives for the better by our efforts to address problems of hunger and homelessness. Central’s mission and ministry rely upon the generosity of members and friends. With great optimism and anticipation, we are looking to finish 2020 and begin the coming year with good energy. Because we believe that stewardship, intentional generosity, is a spiritual discipline, we really encourage the practice of pledging for the coming year. So we encourage you to be thoughtful, prayerful and then intentional about what and how you can give in 2021. We are also committed to helping people find ways to give that our convenient and smart.



**CENTRAL**  
PRESBYTERIAN CHURCH  
*in the city for good!*

## YES, I WANT TO HELP CENTRAL!

- Please provide me a box of weekly offering envelopes.
- I want to pay monthly by automatic direct bank transfer. (Download form at [www.centralforgood.org/give](http://www.centralforgood.org/give))
- Please call me about donating stock or other investments.
- I want to make a donation by credit card or PayPal. (Go to [www.centralforgood.org/give](http://www.centralforgood.org/give))
- I would like to make a special year-end gift of \$\_\_\_\_\_.

My Stewardship Pledge for 2021 is \$\_\_\_\_\_ / week, month, year (circle one).

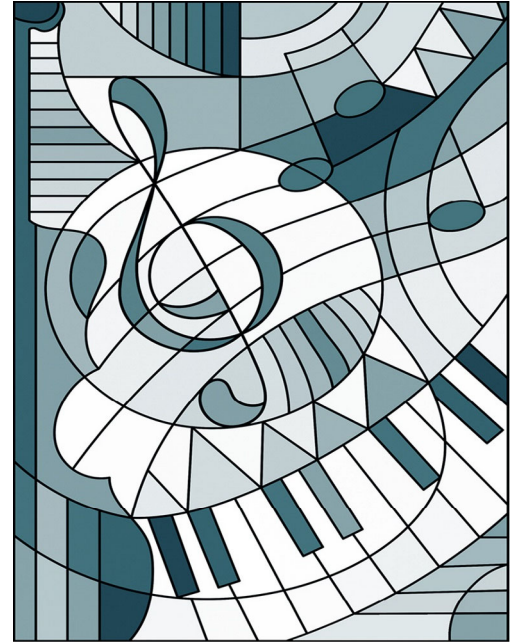
Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_



## CONFIRMATION CLASS UPDATE

Our group of confirmands is still hard at work exploring what it is they believe – our gatherings were postponed back in March and we weren't able to finish out the year as we expected, but the group is meeting again this fall in a combination of distanced-park gatherings and Zoom gatherings! We invite you to celebrate with this group on November 22 for our online Confirmation Celebration Worship Service, and we need your help! The commitment of the faith community is one of the most important pieces in our baptism and confirmation traditions, and we know that will look quite different this year than it has in

the past. We would love to include well wishes and congratulations to these confirmands for their work on their faith journeys from the Central community! IF you would like to contribute, please send your notes by phone (651-224-4728 ext. 109), email ([katiem@centralforgood.org](mailto:katiem@centralforgood.org)), or mail to the church (500 Cedar Street, St. Paul, MN) by **November 8**. Thank you for celebrating these confirmands with us! The worship service will be available online, like our regular worship service. We'll honor the work the confirmands have done this last year, and take some time to celebrate them!



## MUSIC MOSAIC EVENTS

Save the date for *Musical Maps! What the heck is music notation? (No dumb questions!)* led by Abbie Betinis. This Zoom event will be Wednesday, November 11 from 7:15 - 8:15 pm.

The Zoom link will be shared via mid-week email prior to November 11, or you can contact the office or Jennifer Anderson to get the link.



## OPPORTUNITY FOR INVOLVEMENT

The Coordinated Mission Committee is inviting you to participate in our bi-monthly volunteering event on Saturday, November 14 from 11:00 a.m. to 1:00 p.m. serving lunch at the St. Paul Opportunity Center). The St. Paul Opportunity Center is part of Catholic Charities and is located at 422 Dorothy Day Place, St. Paul, MN. Volunteers must be at least 16 years old. This is our second year volunteering with Catholic Charities and we invite everyone at Central to serve. To sign up, simply visit our website at [www.centralforgood.org/volunteer](http://www.centralforgood.org/volunteer). If you have questions about Covid-19 safety, contact [office@centralforgood.org](mailto:office@centralforgood.org) to be connected with this team.

## SERMON REFLECTION

[ BY REV. DAVID COLBY ]

This fall our worship services featured stories from scripture that tell of people of faith enduring long, difficult periods. The following is part of the sermon, *Signs of Hope After a Long Time* from September 27 that may still be helpful reading.

---

Noah and his family and all those many animals are in a different kind of storm. Unrelenting Rain. Last week, Hurricane Sally dumped as much as eighteen inches of rain in one spot in a 24-hour period. 18 inches of rain. Noah and his family faced that day after day. Noah and the rest of the inhabitants of the ark. Huddled in the lower decks, trying to stay dry. Worried. Lightning booming all around. Can you imagine what they are feeling? Day after day after day of rain. Gloomy afternoons that give way to dark nights. And more rain.

God had warned Noah that the world was going to be destroyed to enable a new beginning. To Noah, it must have seemed like it would never end. Somehow they kept going. There must have been days when the animals were making awful noises and it was raining too hard to go out on the upper deck. Days upon days of being stuck below board with the smells and closed-in the air.

Finally the rain stopped, but the floodwaters still raged. I wonder if Noah ever cried out, "O Lord, the sea is so great and my boat is so small." The rain has stopped but there was

no end in sight. No land to be seen anywhere. No safe harbors from the storm.

There was danger all around. And also boredom. Like being stuck in a house full of kids who are not able to go anywhere during the Covid quarantine. Except longer. And your kids don't smell as bad as the elephants on the ark.

The rain may have stopped for Noah, but with no land in sight they must still have been asking that question. Will it ever end?

---

If we compare ourselves to Noah and the Ark, what stage are we in right now? Your answer might vary from moment to moment, day to day. At some times, it seems like it is still getting worse, the rain is still falling and we've got a long ways to go. At other times, it feels like maybe the rain has stopped, but we are still on the ark. At still other points, we can almost see the land and the dove has returned with some sort of olive branch that offers a sign of hope.

And then it's like being in the basement after the tornado has passed through, wondering. What will we find when this long strange pandemic comes to an end? Will we return to normal, or will the world have been permanently changed for us

"In the midst of new dimensions, in the face of changing ways." Those are the opening words of our hymn this morning. Through this flood on which we are sailing, who will lift olive branches, who will light flames of care? With the images and signs of hope, that God has been known as a fiery pillar leading us in our wandering, God has appeared and offered rainbows of hope, I think this hymn "In the Midst of New Dimensions" is so helpful for us today. And that last verse lingers, at least for me. "Should the threats of dire predictions cause us to withdraw in pain, may your blazing phoenix spirit resurrect the church again."

During this long, strange trip we're on, may we keep finding signs of hope and the strength needed for the journey. May it be so. Amen.

Signs of  
Hope After  
a Long  
Time



## ANTI-RACISM DISCUSSION

Weaving his own personal story together with his well-considered viewpoint on racism, Ibram Kendi's book *How to Be an Antiracist* offers readers more than food for thought. The book also offers a wealth of perspective and understanding that challenges the concept of racism as mere prejudice and hatred. The very structures of our society, Kendi maintains, embody racism. Central Church's Anti-Racism Task Force presented an overview of Kendi's ideas several months ago during the Bible Study hour, encouraging Central members and friends to read the book for themselves.

Now, the Task Force returns with an opportunity to discuss Kendi's work in more detail. A discussion of *How to Be an Antiracist* will begin November 2 and run for six Monday evenings from 7:00 - 8:00 p.m. via Zoom. All Central members and friends are welcome to participate in one or all of the discussions. Task Force members will summarize the chapters under discussion on any

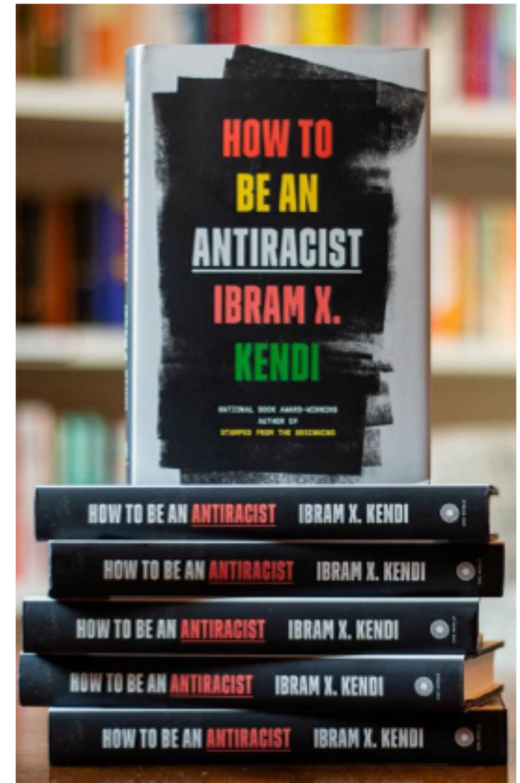
particular evening, so interested readers should have no fear of attending even if they are unable to complete the reading. The meetings will be virtual, to accommodate any size crowd in safety.

Kendi maintains that we cannot be content to be "not racist." Rather, we must become "antiracist." Join the Anti-Racism Task Force in discovering and reflecting on the difference together.

Saint Paul Public Library may have electronic books for loan, but hard copies have multiple holds. A few copies of the book are available to borrow from the church, and local bookstores have copies on hand for purchase.

**JOIN VIDEO ON SMARTPHONE, COMPUTER OR TABLET, GO TO:**  
<https://us02web.zoom.us/j/88641950037>

**OR VIA PHONE CALL:**  
 (312) 626-6799, then enter Meeting ID: 886 4195 0037#



If you have questions, feel free to speak with task force members Leon Oman or Laura Hutton or contact the office at [office@centralforgood.org](mailto:office@centralforgood.org) or call (651) 224-4728.

## FAITH FORMATION FOR CHILDREN & YOUTH

We invite all children and youth to join us for Faith Formation on Sundays!

These faith formation Zoom gatherings are flexible in content, with opportunities for grandparents or other far-away family members to join us on occasion, some time for reading stories from the bible and elsewhere and discussing together, checking in with one another, and

playing games. Led by Katie Morris, Megan Beese, and other adults in the Central community, we hope to provide space for the children and youth to stay connected with their church friends and feel spiritually nourished. We know that online gatherings don't work well for everyone, and we understand! If you have ideas about how your child would like to stay connected,

or how your family would like to be supported by church programming this year, let us know!

Regular Meeting Times:

11:30 a.m. - 12:00 p.m.  
 Elementary and younger

1:00 - 1:45 p.m.  
 Youth (middle and high school)

# COVID-19 PREPAREDNESS PLAN

UPDATED AS RECOMMENDED BY CENTRAL'S COVID-19 TASK FORCE

**WE CARE ABOUT THE HEALTH AND SAFETY OF OUR COMMUNITY AND ALL WHO ENTER THE CHURCH BUILDING.**



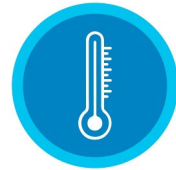
## Continue Remotely

Staff and committees will continue to work and gather for meetings via Zoom when in-person dynamics are not essential.



## Gather Outdoors

When needed, take advantage of fall opportunities to gather in small (safely distanced) groups outside.



## Stay Home

If you or anyone in your home is sick or has any of the following symptoms, please stay home.

*Fever*

*Cough*

*Shortness of Breath*

*Headache*

*Chills*

*Muscle Aches*

*Sore Throat*

*Lost of Taste or Smell*



## Small Indoor Groups

Indoor meetings and activities of less than 20 people are now allowed with the protocols identified on this page.



## Wear a Mask

Please wear a mask while you are in the building, as required by state mandate.



## Sanitize Your Hands

After entering, use one of several sanitizer stations now located throughout the building.



## Keep Distance

Please stay at least 6 feet away from others occupying the building.



## Have Questions?

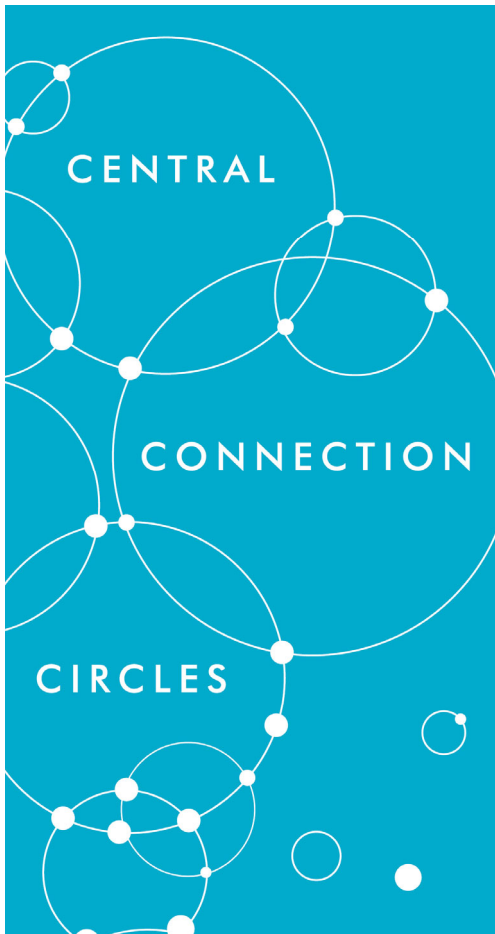
Contact Central's Covid-19 Plan Administrator, Anna Sanchez, at [office@centralforgood.org](mailto:office@centralforgood.org) or (651) 224-4728, ext. 100.

# THANK YOU CONTRIBUTORS!

Many thanks to those who contributed beautiful fabrics from all over the world for our World Communion Sunday worship service.

These beautiful and colorful fabrics were gathered from:

- Phyllis Brashler: Tablecloth from Tulum, Mexico
- Casey Wells: 1950-70's floor rugs made by Navajo in Southwest United States
- Joshua Voelker and Kiera Faye: Fabrics from India and Japan
- Wendy and Mark Flinner: Batik tablecloth from Sierra Leone from Mark's brother who was there with the Peace Corps; Indian Batik
- Wendi Buck: Fabrics from Muttrah Souk, Oman; Muscat; Islamabad, Pakistan; Zanzibar, Tanzania; Jinja, Uganda
- Jan and Jym Hubbell: Cloth from San Lucas, Guatemala
- Brian Midthun: Tablecloth from the Philippines
- Kate Pearce: The Bread Basket cloth made right here in Minnesota



## CONNECTION CIRCLES

Join others in one of our weekly Connection Circles!

Each week Deacons lead Zoom events to explore how we can support each other in these difficult days, how we can reach out to others, and how we can ask for help when we need it. These online circles offer a means for our community to gather and connect through guided conversations with people of all ages and backgrounds. If you have not yet been a part of one, we invite you to stop by for one or as many as you like!

Connection Circles run every Thursday until December 17 from 5:30 - 6:30 p.m. (with the exception of Thanksgiving Day).

### How to Participate

The following information is the same for all Connection Circles.

**VIA VIDEO ON SMARTPHONE, COMPUTER OR TABLET, GO TO:**  
<https://us02web.zoom.us/j/87229900980>

**OR VIA PHONE CALL IN:**  
 (312) 626-6799, then enter Meeting ID: 872 2990 0980#

### Have Questions?

If you have questions about small groups, how to get connected, or how to reach the planning team, email [office@centralforgood.org](mailto:office@centralforgood.org) or call (651) 224-4728 ext. 100.

# FALL FAMILY DAY

Sunday morning, October 5th, a number of families gathered at Hidden Falls Park to go for a walk, explore, and enjoy a picnic lunch together. While we weren't able to go to our beloved Koinonia this year, we still had a chance to spend some time together outside and enjoy the fall colors!



# 4 WAYS TO GIVE

While we are unable to pass the collection plate in our online worship, we invite you to still give to Central through one of several other ways.



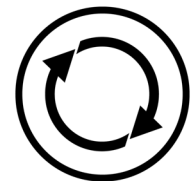
**Donate Online**

[www.centralforgood.org/give](http://www.centralforgood.org/give)



**Mail a Check**

500 Cedar St, St. Paul, MN 55101



**Recurring Transfer**

Set up an automatic bank transfer



**Deliver In-Person**

Contact the office to arrange a day/time for drop off.

**QUESTIONS?**

Call (651) 224-4728 ext. 100



Join us in wishing a very *Happy Birthday* to all who are celebrating over the coming month.

Leslie Bergman.....	11/1
Avis Tilden .....	11/3
Nancy MacDonald.....	11/4
Stevana Ndumbe.....	11/4
Judy Schuberg.....	11/4
Amorita Linner .....	11/8
Wendy Neuman .....	11/8
Waverly Bergman .....	11/11
Del Case.....	11/12
Philip Nichols .....	11/12
Mark Juffer.....	11/15
Jackie Klaehn.....	11/19
Lucille Ferguson .....	11/20
Leon Oman.....	11/20
Deborah Fonkert .....	11/21
David Colby.....	11/22
Chandy John.....	11/23
Kathleen Zopfi.....	11/24
Lisa Kelly.....	11/25

If we missed you, please send us a note to [office@centralforgood.org](mailto:office@centralforgood.org) so that we can correct our records and share birthday wishes with you as well!

## Announcements

### OFFERING ENVELOPES

Would you like to get a box of weekly offering envelopes to use for your financial contributions to Central? Central distributes (upon request) a boxed set of giving envelopes that are dated for each Sunday of the year, including some special offerings like the annual Per Capita contribution to the Presbytery.

We provide these at no cost to you, and can either be picked up at church in late December or mailed to you if that is more convenient. Did you get a box of envelopes this year, but do not use them? We will happily take you off the list to save some paper and printing costs.

Please contact Anna Sanchez in the church office at (651) 224-4728 or email her at [office@centralforgood.org](mailto:office@centralforgood.org) to either order a box or cancel your order for next year.

If you received a box this year, and want to continue again, you do not need to do anything. We will post an announcement in the mid-week email and newsletter when the shipment arrives and is ready for pickup.

### ELECTION DAY

On election day (November 3rd) with Central serving as an election polling site, neighbors will stream in and through our

building to vote. It is a great way to make connections and use our facility to strengthen the neighborhood connections and civic participation. This year with a presidential election we do anticipate a high count of voters. Ramsey County Elections will map out floor markers with the appropriate distancing for voters waiting in the hallways and we are coordinating with them janitorial staffing, sanitation, and other safety items as necessary.

### JOIN US FOR A VIRTUAL COFFEE TIME

Be a part of our next virtual fellowship event other Sunday via Zoom starting November 8 from 11:30 a.m. - 12:00 p.m. In a casual coffee time, we will participate in break-out groups so you have an opportunity to talk with many. This event will happen at the same time every other Sunday.

JOIN VIDEO ON SMARTPHONE, COMPUTER OR TABLET, GO TO: <https://us02web.zoom.us/j/82541611955>

OR VIA PHONE CALL IN: (312) 626-6799, then enter Meeting ID: 825 4161 1955 #

If you have questions about this event, contact Kiera Faye, Chair of the New Members and Volunteers Committee, and our host, or contact Anna in the office at [office@centralforgood.org](mailto:office@centralforgood.org) or call (651) 224-4728.



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CENTRAL IS *in the city for good!*

Many thanks to all who joined us for our VocalPoint Kick-off Event which supported the Food Market at Neighborhood House! Thanks to your generosity, we were able to deliver 839 lbs. of food and a financial donation of \$1,565!

A special thanks to the VocalPoint Board and Operations Team for planning this event.

*(Pictured here L to R are Jess Garner, Lucy Hiestand, Allynne Burg, Susan Rostkoski)*

