

CONNECT CENTRAL

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OCTOBER 2018

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BE A PART OF PROJECT HOME



Once again, Central is preparing to host Project Home this fall. For too many families of Ramsey County, the conditions of homelessness are the real and bad news in their lives. During the month of November, we will serve as a homeless shelter, offering hospitality, compassion, and hope.

Each night during this month long program, we seek help from host volunteers in two areas of help.

EVENING HOSTS

The work shift is from 5:30 - 8:30 p.m. The evening hosts meet up with Project Home staff members to welcome and assist our guests, read and play with children, converse with parents, and serve snacks.

OVERNIGHT HOSTS

The work shift is from 8:00 p.m. to

either 7:30 a.m. or 9:30 a.m., depending on the day. Overnight hosts help get the families settled in for the night and then sleep in their own private area (beds are provided; you simply bring your own sleeping bag or blankets and pillow). In the morning our overnight hosts make sure all the families get up, eat a quick breakfast, and assist the Project Home staffers in getting the families out the door for school, work, or other activities.

Want to participate? Sign up today to serve as an evening or overnight host. We maintain an online schedule for volunteer sign ups. To see the schedule and to reserve a position, simply visit our website at www.centralforgood.org/volunteer and follow the link for Project Home.



CONTINUED ON PAGE 2

WORSHIP

In October we will continue our Central 360 worship series. We will look in all directions from the church: north and south, east and west, inward and outward, back in time and toward the future and focusing on themes and topics that are central to faith and central to our lives.

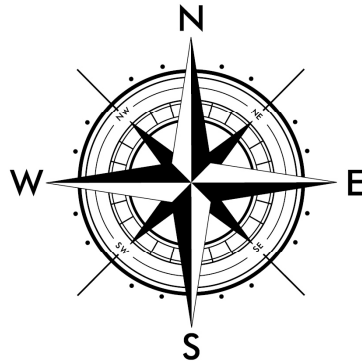
SUNDAY, OCTOBER 7

On this World Communion Sunday, we will be looking both inward and outward. Our global concerns inform what we do in worship and our faith tells us that our prayers and actions can have ripple effects that have an impact well beyond our walls. We will look to the words of two prophets – Isaiah and Amos – and think about God’s work of rebuilding cities and repairing breaches. We will receive the Peace and Global Witness special offering and celebrate communion. Central Choir will sing music from around the world.

SUNDAY, OCTOBER 14

This Sunday we kick off with a focus on this year’s VocalPoint beneficiary. The prophet Isaiah (40:29) proclaims that God gives power to the tired and worn out. And Jesus said, “come to me, all you who are weary and are carrying heavy burdens and I will give you rest” (Matt. 11:28-29). Worship will celebrate God’s healing work that can happen.

The Central Choir invites members of VocalPoint to join us as we kick-off



FALL SERMON SERIES CENTRAL 360

SUNDAYS 10:30 A.M.

Looking inward and outward, exploring topics that are central to faith & central to our lives.

www.centralforgood.org

our 8th season of VocalPoint (See page 4 for more about our upcoming season.) Following worship, all who are interested in learning more about Walk-in Counseling Center are welcome to the Dining Room for lunch and a brief program.

SUNDAY, OCTOBER 21

In our Central 360 series, we look at how we are in the middle of culture and fun. A church is about important work – but we don’t need to take ourselves too seriously! Preston Duncan, saxophone, returns to Central for more organ/saxophone duets. The Central Choir will also sing.

SUNDAY, OCTOBER 28

In our Central 360 series, we look both north to the Capitol and towards the river and City Hall to reflect on the relationship between faith and the common good and

how that plays out in political processes and decisions. The Central Choir sings in worship. Following Worship, all are welcome to enjoy Cabaret: Mary Poppins along with lunch in the Dining Room!

Education for All Ages 9:30 a.m.

Worship at 10:30 a.m.

Coffee & Fellowship 11:30 a.m.

CONTINUED FROM PAGE 1
[PROJECT HOME RETURNING]

To really get the most out of the experience for yourself, and to truly become a friendly and trusted host to our guests, consider signing up for multiple shifts. If you have any questions about the positions, schedule or signing up, please contact Anna Sanchez at office@cpcstpaul.org or call (651) 224-4728 ext. 100.

CABARET RETURNS OCTOBER 28!

Cabaret is a fellowship event that brings together adults and kids, the whole church community and our neighbors. It is an opportunity to

engage in a community-building activity and for people to share their gifts in costume-design, set-building, singing and acting!

This year we are delighted to explore the fun music of *Mary Poppins*, showcasing our favorite songs and characters. So, mark your calendars!

SOMETHING WONDERFUL IS BLOWING IN

MARY POPPINS

CABARET PERFORMANCE



October 28, 2018

11:30 a.m. Lunch | 12:00 p.m. Show

No tickets or reservations required.

FOR MORE INFORMATION, GO TO
www.centralforgood.org/cabaret

VOCALPOINT ANNOUNCES 2019 PARTNERSHIP

VocalPoint's 8th season has begun!

VocalPoint, an ensemble-in-residence here at Central, is an 85-voice, auditioned community chorus that uses the power of people, art, and collaboration to tell the stories of organizations doing life-changing work. We shine a spotlight on important issues such as youth homelessness, the immigrant experience, and sex trafficking. We give 100% of performance-driven donations to a worthy cause that will make a dramatic impact in everyday lives, and have collaborated with such gifted musicians as Maria Jette, Jearlyn Steele, Copper Street Brass Quintet, Peter Mayer, and the three-time Grammy-winning Sounds of Blackness.

VocalPoint's programs are multi-sensory collaborations that are unlike any other choral concerts. In our first seven seasons, we have supported the work of Open Arms of Minnesota, Avenues for Homeless Youth, Neighborhood House, The Advocates for Human Rights, Upstream Arts, One Heartland, and Twin Cities RISE. Highlights include hosting panels of the AIDS Quilt, singing with the Youth Chorale of Central Minnesota, being dazzled by the puppets of In the Heart of the Beast, and singing to the breathtaking choreography of Zenon Dance Company. We've been privileged to commission and premiere pieces by Abbie Betinis, Joan Szymko, Peter Mayer, and Elizabeth Alexander.



This year, for our 8th season, we'll tell the story of Walk-In Counseling Center, which provides free mental health counseling to help thousands of people address issues of depression, anxiety, chemical abuse/dependency, trauma, domestic violence and a variety of other emotional and interpersonal concerns. Our story will be one that focuses on how we can hold space for others when they are needing someone to listen without judgement.

We've invited singer/songwriter Sara Thomsen to help us tell that story. Sara's award-winning music speaks of healing and comfort. With a voice rich as the best mid-west soil, Sara's songs carry you inward and outward—in, to the particulars of your own life, and out—into the shared humanity of us all. Her performance style is easygoing and full of humor and depth, capturing the audience's engagement. Sara's music gently unfolds and unfolds the listener. *Somewhere to Begin* is Thomsen's most recent solo album. "The kind of music she's making is well-crafted, sung beautifully, and recorded

immaculately," states the *Duluth News Tribune* review. "Fans of Joan Baez and Peter, Paul and Mary might want to check this out." The album is "deep and well written" proclaims *The Reader*, with "excellent songwriting and storytelling." Thomsen's song "Precious Waters" received a Woody Guthrie Songwriting Award. We will be singing some of Sara's music in worship in the upcoming months.

We invite you to participate in our season – as a singer, as a learner, as a volunteer, or as a concert attendee!

SUNDAY, OCTOBER 14:

KICK-OFF SUNDAY AT CENTRAL

- Singers are invited to gather at 9 a.m. to rehearse
- The Worship service at 10:30 will include a Walk-in Counseling Center staff member who will introduce us to the organization
- Following worship, ALL are invited to the Dining Room for lunch and a short program led by Walk-in Counseling Center. Come and learn about this great organization!

THURSDAY, NOVEMBER 8 AND

SUNDAY, NOVEMBER 11:

AUDITIONS!

- More info available soon, but mark your calendars if you think you'd like to sing with us!

WELCOME PRESTON DUNCAN!

Preston Duncan will be joining worship on Sunday, October 21 for more organ/saxophone duets.

An internationally acclaimed performer and educator based out of Minneapolis, Preston Duncan has appeared as soloist throughout the United States, Latin America and Europe. He has performed on over 65 occasions as soloist with large ensembles including The Indianapolis Symphony Orchestra, La Grande Orchestre des Alpes de la Mer de Nice, the Bowling Green State University Philharmonic, the University of Minnesota Symphony Orchestra and many others. He has performed internationally in such prestigious venues as the Salle Verdi (Milan), the American Embassy (Paris), The Royal Conservatory (Brussels), Circle Theater (Indianapolis), UNAM Hall (Mexico City), the National University (Taipei), Salle Verdi (Montevideo), the National Conservatory (Zagreb), the National Conservatory (San Jose), and Disneyland (Los Angeles).

As a chamber musician he has performed with the Minnesota Orchestra, the Indianapolis Pops, The Minnesota Pops, The Indianapolis Symphony and with such acclaimed artists as Rosemary Clooney, Azmira-Woodward-Page, Marvin Hamlisch and Jeremy Denk.

Duncan was awarded a Fulbright Fellowship to Paris, France. He has won numerous awards and prizes including 1st prize in the MTNA National Woodwind Competition. He was the featured performer and educator at the 1st Annual



Taiwanese National Saxophone Festival, the 12th Annual Encuentro Universitario Internacional de Saxofón in Mexico City and Saxfest Costa Rica in 2015. This summer will be the featured performer at the 4th International Festival of Saxophones in Montevideo Uruguay.

Duncan currently teaches saxophone at the University of Minnesota. During the summer he teaches on the faculty at Ticino Musica International in Lugano Switzerland and Shell Lake Arts Center. He has premiered works by Bernard Rands, Ernesto Pellegrini, Joseph Dangerfield, Kenneth Fuchs and many others. Duncan performs exclusively on the Buffet Senzo saxophone and the Eugene Rousseau RC4 Mouthpiece.

Learn more on his website at www.prestonsaxophone.com.

CONTINUED FROM PAGE 4
[VOCALPOINT PARTNERSHIP]

SUNDAY, NOVEMBER 18:
FIELD TRIP TO THE SCIENCE
MUSEUM OF MINNESOTA

- After worship, stay for Third Sunday Lunch and then as a group we will walk over (or carpool) to the Science Museum of Minnesota for their exhibit: *Mental Health: Mind Matters*. This groundbreaking exhibition aims to build a greater understanding of the importance of mental health and create a safe space for important conversations about mental illness. Hands-on experiences throughout the *Mental Health: Mind Matters* exhibit bring you closer to the facts, feelings, and issues surrounding this topic that touches so many of our lives. Cost is \$19 per adult (less for group rates, children and seniors; scholarships available)

BOOK STUDY AND MOVIE
SCREENING:

We will have opportunities to read and learn together. Stay tuned for more information about these events!

FEBRUARY 9 & 10:
CONCERTS

Both at 4 pm at Central
Presbyterian Church.

For further VocalPoint news, go to
www.vocalpointchorus.org.

FALL FAMILY RETREAT A SUCCESS!

By the time you are reading this, we have officially given away the warm lake afternoons of summer to the crisp breath of fall. The change of seasons is often hard as you realize that the cold morning of 52 degrees is only going to get worse for many months. But, chin up! You may not be able to think clearly now because you are desperately scrambling to find your car scrapers and mittens, but we have so much to look forward to now that fall is well underway!

1. We have given up sweaty t-shirts for cozy sweaters.
2. Baking becomes fun again.
3. Monday night football.
4. You get to switch over to hot coffee again!
5. (Specifically) the Pumpkin Spice Latte and warm Apple Cider.
6. Those leaves... (and, of course, jumping in those piles when no one is looking!)
7. That crisp fall smell.
8. Your favorite shows are no longer on repeat.
9. Fewer bad hair days.
10. Cuddle weather again!
11. Burning candles without turning up your air conditioning.
12. Fall Family Retreat Memories!



A GREAT TURNOUT

41 people participated in this year's retreat! It was perfect weather for swimming, nature exploring, and family fun. We are happy with the growth from past years and look forward to even more next year!



ASSOCIATE PASTOR SEARCH

We are in the exciting early stages of a search for an Associate Pastor. As we seek the best fit for this position, we want the candidate to know the personality and culture of Central to ensure the best fit.

Here are some excerpts from the Ministry Information Form (MIF) that describes Central and our position to potential candidates.

Central Presbyterian Church has big ideas and a great opportunity to continue to grow to have a deeper impact in our community. Our motto, we are “in the city for good” has an intentional double entendre. Fifteen years ago the continued existence of our church was very much in question. The “for good” part of the slogan had defiance in it; we were not going to be a dying church. Even as our institutional future was uncertain, we wanted to be about much more than just survival – we wanted to be doing good, to be creating a community that was active, caring and diverse.

In the intervening years, we have found joy, taken risks, and offered a creative and social-justice oriented approach to church life. With a recent large financial gift, we are expanding our staff and our reach. Opening this position ensures that we can continue to take new risks for a new era, grow our membership and our impact and have a bigger and broader presence in St. Paul.

Our church community is very diverse. We are rich and poor, black, brown, yellow and white. We are gay and straight, introverted and extroverted, young and old. We are looking for an Associate Pastor who enjoys and appreciates diversity and is stimulated by and can work well with a variety of people.

We are also looking for someone with good pastoral skills and who knows how to employ

those skills to aid people in both their spiritual and worldly quest for a better and more satisfying life. A well-educated person who is comfortable with Presbyterian theology and polity, who is comfortable with translating theological concepts into everyday language with preaching that is relevant to the issues and questions of our current time.

We are looking for someone who is smart, engaging, faithful, energetic, strategic, creative, and innovative. A person who will be tireless in trying new ways to enable Central to fulfill our larger vision. We have a strong staff in place already, so we are looking for someone who will be a good team-player and make a strong staff even better.

Central has decided to look for a Designated Associate Pastor because this new position is an opportunity to be nimble, robust and able to adapt to opportunities that present themselves. We have set aside six years of full funding for this position, but we will, as a whole church, continuously seek improvement and dynamic ways and means to better carry out our mission. The Associate Pastor position will evolve as the church evolves.

If you have ideas on people we should approach for this position, or any questions about the process, please contact Rev. Dave Colby at dcolby@cpdstpaul.org or Stu Siebell of the Personnel Committee at sdsiebellmgmt@gmail.com.



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SUBSCRIBE TO NEWS EMAILS
www.centralforgood.org/newsletter



EMAIL QUESTIONS ANYTIME
office@cpdstpaul.org

WOMEN OF CENTRAL

NETWORKING DINNER

Here are our upcoming events for fall:



Tues., Oct. 9
 Burger Moe
 242 West 7th Street

Please RSVP to the church office or to Sue Hoffman (612-998-6389 or syhoffman123@comcast.net), as it helps us get a count for a table reservation and if child care is needed. We depart the church parking lot at 5:15 p.m. for the restaurant. You can also meet us at 5:30 p.m. at the restaurant. Come and join the fun!

KNITTING GROUP

In light of Central's Cabaret event schedule for Oct 28, knitting group for October will be cancelled. Due to Thanksgiving and Christmas, knitting group will return in January. We are currently seeking a lead for this informal group. If you can help, please contact Sue Hoffman at syhoffman123@comcast.net.



Thank You, Volunteers!

A special shout out to all of the volunteers who helped with the hygiene kit packing in August! These kits will be given to the Presbyterian Women of the Twin Cities for disaster relief to help people who are in need due to hurricanes, floods and other disasters.



PRESBYTERIAN WOMEN FALL GATHERING

Presbyterian Women of the Twin Cities Fall Gathering – Sat, Oct. 13

MISSION IS POSSIBLE:
Celebrating 230 years of
Presbyterian Women in Mission

This event offers an inspirational time to see God’s work in our neighborhoods and our world and to network with women from our Presbytery.

The program will feature three organizations that our Presbyterian Women have supported. The speakers will share new information and updates with us.

Kara VanderKamp is the founder and executive director of the Remember Niger Coalition, a non-profit organization committed to unite people and raise resources to expand

educational opportunities for all girls and boys in Niger.

Carol Nelson M.D. is the Volunteer Executive Director of the Minnesota Based Rural Health Care Initiative. One of their main goals is to reduce maternal and infant mortality through increased access to culturally appropriate quality health care.

Monica Groves is Mission Advancement Director at The Dwelling Place, a Christian ministry providing healing, hope and a safe place to call home to victims of domestic abuse.

Also, there will be displays of mission projects from local churches. We will share information about one of our mission projects, Martha’s Closet.

And we will bring the Disaster Relief Hygiene Kits that we assembled in August. Thank you to all who helped us assemble these kits!

Join us at Calvin Presbyterian Church, 177 Glendale Drive, Long Lake MN on Saturday October 13. The day will start at 9:00 am with networking, coffee and refreshments. The programs will begin at 9:45 am and end by 2:45 pm with a worship service. The cost of the event is \$15.00 and includes lunch.

Registration forms must be received by October 6. Registration forms and more information are available on the bulletin board outside the Friendship Room. For information on carpooling from Central, contact Sue Hoffman (612-998-6389 or syhoffman123@comcast.net).



WANT TO HELP PAINT SETS FOR MARY POPPINS?

Cabaret is looking for adult volunteers who are interested in helping Mary Poppins come to life! (You don’t need to be super artsy, just willing to help!). If available, you are invited to join a crew of volunteers on Monday, October 22 from 7:00 p.m. to 10:00 p.m.

Simply let Jennifer Anderson know if you can help via email to jennifera@cpcstpaul.org or call (651) 224-4728 ext. 103 (and be sure to wear your paint clothes!)



FREE SKETCHING WORKSHOP - OCT. 7

We are excited to announce that Jeanne Kosfeld will lead a FREE "Sketching in the City" Workshop. Her pieces are currently on display in the Friendship Room. There will be an Artist Reception following worship on September 30, with a chance to meet the artist and ask questions.

You have a special opportunity to join Jeanne for a playful, no-fear sketch outing. You'll rekindle the wonder for drawing that you possessed as a child. She'll share her love for sketching and show you how she approaches simple and complex scenes on location. You'll leave with a new companion — your sketchbook tucked in your pocket or purse ready to give you hours of enjoyment wherever you go.

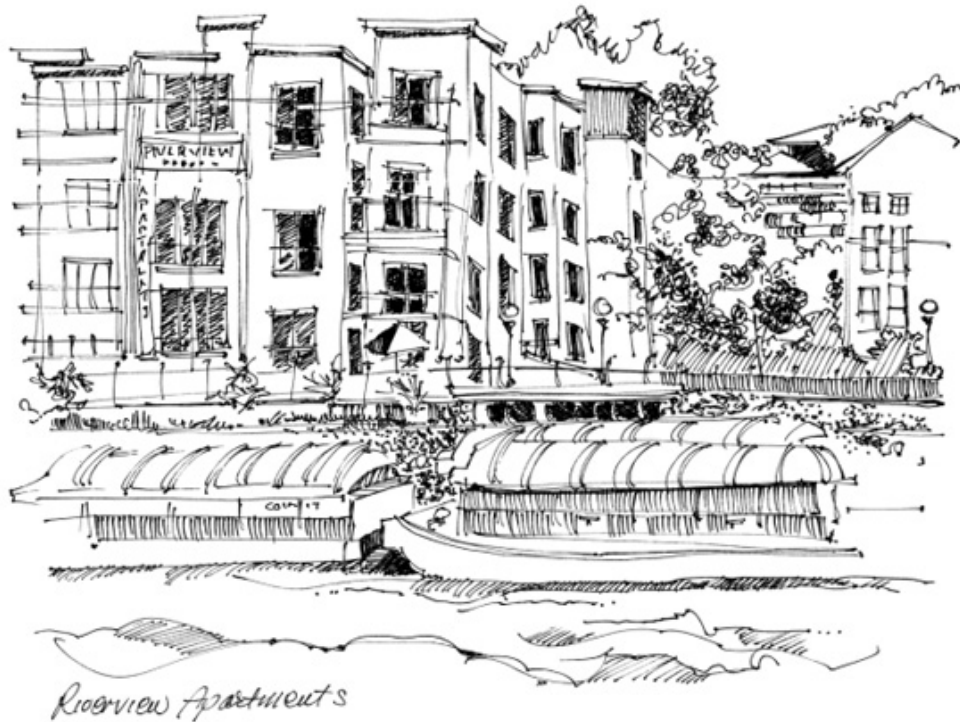
To learn more about artist Jeanne Kosfeld, visit her website at <http://jeannekosfeld.blogspot.com>.

SUPPLIES TO BRING

Sketchbook: Approximately 5" x 8". Open it and make sure it lays flat for you and is comfortable in your hands. We will have a few extra sketchbooks on hand for those needing one.

Variety of pens and pencils: Permanent & non-permanent ink pens provide different results and are fun to experiment with. Bring along whatever feels good in your hand and flows easily across the surface of the paper.

Lunch and childcare will be provided.



DETAILS

When: Sunday, Oct 7 11:45 am - 1:45pm

Where: Meet in the Central Presbyterian Friendship Room. Weather permitting we'll sketch outside.

RSVP: Class size limited to 20. Teens - Adults. Send an email to office@cpctestpaul.org and also indicate if you need childcare.



ANNOUNCEMENTS

BOOK GROUP

Book group will meet at 10:30 a.m. on October 9 and October 23 in the Friendship Room.

DORCAS CIRCLE

Dorcas Circle will meet on Thursday, October 11 at 11:30 a.m. in the Friendship Room. Bring your own lunch, coffee will be provided. We'll be looking at Lesson 2 in the Bible study materials.

PERSONNEL COMMITTEE

The next meeting of the Session Personnel Committee will be Monday, October 8 at 10:30 a.m.

PUERTO RICO MISSION UPDATE

We have officially identified our destination and booked our flights! From November 13 - 20, Central will be sending 15 volunteers from our members and staff to La Posada de Angeles Añasco (on the west side of the island.) La Posada de Angeles is a mission of the First Presbyterian Church in Añasco that provides lodging for volunteers, provides food to the community, helps in times of crisis, and prepares the community as natural disasters approach. There are more details to iron out and plans to lay in place, but we are on a great track thanks to the help of Sharon Knowlton and Art Anderson!

HAPPY BIRTHDAY!

Sharon Knowlton 10/2
 Alexis Juffer 10/3
 John Patton 10/3
 Cody Erwin 10/4
 Maria Johnson 10/4
 Rekita Ndumbe 10/4
 James Olson 10/5
 Sandra Gryfinski..... 10/15
 Charity Willis..... 10/16
 Joanna Kimani 10/17
 Kelly Ishizuka..... 10/18
 Hannah Ross..... 10/19
 Wanda Strane 10/19
 Christie Rachele 10/22
 Jenilu Richie 10/23
 William Haugen 10/24
 Erik Bollman..... 10/25
 Crystal Green..... 10/26
 Megan Beese 10/27

James O’Niell 10/27
 Christopher Ross 10/27
 Cheri Townsend 10/27
 Kiera Voelker 10/27
 Joel Fisher..... 10/28
 Sophie Kannapiran..... 10/28
 Rachel Rich 10/28
 Isabelle Schlittenhart..... 10/28
 Josephine McCarten 10/29
 Marcia Robert..... 10/30
 Dean Soderbeck..... 10/30
 Rebekah Johnson 10/31
 Michelle Soderbeck..... 10/31

If we missed your name, please send us a note so that we can correct our records:

CENTRAL TEAM

(651) 224-4728

PASTORAL CARE

Rev. Dr. David Colby, Pastor
 dcolby@cpcstpaul.org, ext 102

Maureen Smith, Pastoral Associate
 mcsmith@tc.umn.edu

Parish Associates: Rev. Casey Wells,
 Rev. Doug Throckmorton

ADMINISTRATION

Anna Sanchez, Church Administrator
 office@cpcstpaul.org, ext 100

Christie Rachele, Communications
 cpc@christierachele.com

Matt Ehling, Treasurer
 William Zopfi, Treasurer Emeritus

Mary Lange, Evening Receptionist

Patrick Cook, Sexton

MUSIC

Jennifer Anderson, Director of Music
 jennifera@cpcstpaul.org, ext 103

Section Leaders: Shanta Hejmadi,
 Abbie Betinis, Adam Van der Sluis,
 Steve Swanson, David Winkworth

YOUTH PROGRAMS

Rebecca Gudknecht, Nursery Care

Megan Beese, Preschool Teacher

FOOD INITIATIVE

Barb Westman, Chef & Manager
 Barb.westman@gmail.com, ext 114

Sue LeClaire, Sous Chef

Peter Evarts, Dishwasher

MARTHA'S CLOSET

Sandy White, Director
 wjands7@aol.com, ext 112



CENTRAL

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CENTRAL IS *in the city for good!*

*A special shout out to all of the volunteers who helped pack hygiene kits
for the Presbyterian Women of the Twin Cities for disaster relief!*

