

CONNECT CENTRAL

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OCTOBER 2019

INSIDE

Project Home	1
Upcoming Worship.....	2
Offering Envelopes	2
Welcome Guest Artist.....	3
VocalPoint Beneficiary.....	4
The Sound of Music	6
Festival Sunday Kick Off.....	8
Women of Central.....	10
Announcements.....	11
Happy Birthday!	11
Staff Directory	11
In the City for Good.....	12

BE A PART OF PROJECT HOME

This year, Central will once again serve as host to Project Home. A program of Interfaith Action of Greater Saint Paul, Project Home provides families who are currently without permanent housing a safe, clean place to spend the night.

As we have in the past, each night in November Central will host up to 20 overnight guests in fold-out shelter beds, set up in the lower level dining room. With the help of volunteers and Interfaith Action, we provide our guests with a meal, hospitality, and compassion..

This mission requires a lot of support and assistance from Central

volunteers in several key areas of help.

EVENING HOSTS

The service shift is from 5:30 - 8:30 p.m. The evening hosts meet with Project Home staff members to welcome and assist our guests, read and play with children, converse with parents, and serve snacks.

NIGHT HOSTS

The service shift is from 8:00 p.m. to either 7:30 a.m. or 9:30 a.m., depending on the day. Overnight

[CONTINUED ON PAGE 7]



UPCOMING WORSHIP

SUNDAY, OCTOBER 6

The first Sunday in October is designated as World Communion Sunday, which celebrates our oneness in Christ with all our siblings around the world. World Communion Sunday is also a time when we receive the annual Peace and Global Witness Offering as a way of continuing the ancient Christian practice of sharing what we have with each other. Rev. Ashley Bair will preach on Luke 17: 5-10.

Celebrating with music from around the world, offered by the Central Choir and the Chamber Ensemble.

SUNDAY, OCTOBER 13

On this Sunday when the VocalPoint beneficiary is introduced and the concert season kicks off, our worship theme will support the important work being done by this beneficiary. The Prophet Jeremiah will pop back up into our attention, with his call to "seek the welfare of the city." Rev. Colby will preach on this message that came both to comfort but also challenge his community of faith.

Members of VocalPoint will be joining the Central Choir as we kick-off our 2020 season. The Executive Director of Keystone Community Services will be in worship to introduce us to Express Bike and other opportunities to employ our young people.

SUNDAY, OCTOBER 20

Rev. Colby will continue to look for wisdom for today from the prophet Jeremiah. In chapter 31, the prophet relays the promises of God to make a new covenant, written on the hearts of the people. Music is provided by our Central Choir and the Bell Ensemble. Following worship, all are invited to remain for a Third Sunday lunch.

Exchange Gathering Time 9:15 a.m.

Education for All Ages 9:30 a.m.

Worship at 10:30 a.m.

Coffee & Fellowship 11:30 a.m.

SUNDAY, OCTOBER 27

The lectionary for this week includes a reading of Psalm 65, titled "Thanksgiving for Earth's Bounty." Read through this psalm, if you can, before worship. This psalm of praise is a poignant meditation on the beauty that surrounds us and can serve as a daily prayer. Rev. Ashley Bair will preach.

A wonderful, fun, musical day at Central! Worship includes our Central Choir, and then stay after for our Cabaret: *The Sound of Music* following worship at noon. The Cabaret, featuring our Central Choir, our children and the Chamber Ensemble, lasts about 45 minutes or so. Free, and open to all!

OFFERING ENVELOPES

Would you like to get a box of weekly offering envelopes to use for your financial contributions to Central?

Central distributes (upon request) a boxed set of giving envelopes that are dated for each Sunday of the year, including some special offerings like the annual Per Capita contribution to the Presbytery.

We provide these at no cost to you, and can either be picked up at church in late December or mailed to you if that is more convenient.

Did you get a box of envelopes this year, but do not use them? We will happily take you off the list to save some paper and printing costs.

Please contact Anna Sanchez in the church office at (651) 224-4728 or office@cpcstpaul.org to either order a box or cancel your order for next year.

If you received a box this year, and want to continue again, you do not need to do anything. We will post an announcement in the bulletin and newsletter when the shipment arrives and is ready for pickup.

WELCOME GUEST ARTIST, MARK COSIMINI

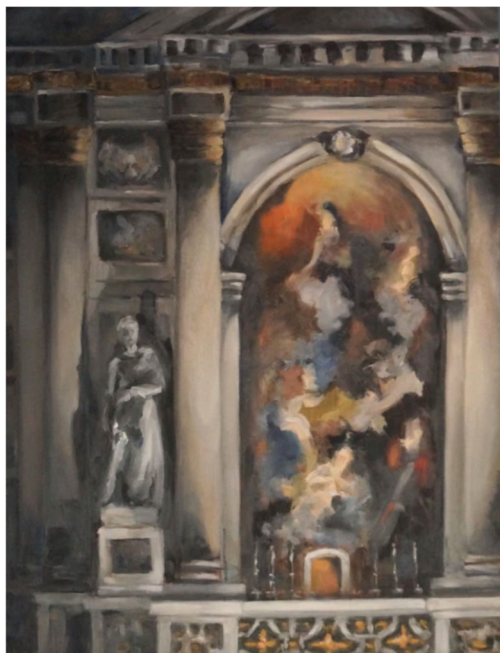
This month, we welcome the art of Mark Cosimini on exhibit in our Friendship Room. His paintings, in oil and acrylics, are in two series: Social Landscapes and Altar Pieces.

The Social Landscapes series of paintings focuses on the homeless

and others less fortunate in society. The Altar Pieces are semi-abstract studies of portions of the interiors of churches.

The Worship, Music, and Arts Committee knew as soon as they saw Cosimini's paintings that they

wanted them to be shown at Central. They chose the time so that they will be on exhibit when we are hosting Project Home, through October and November, with an artist reception date to be announced.



VOCALPOINT ANNOUNCES ITS 2020 SEASON!

VocalPoint, an 85-voice auditioned chorus, hosted by Central Presbyterian Church and led by our music director Jennifer Anderson, is pleased to announce that our 9th season will support the youth job empowerment program of Keystone Community Services.

BENEFICIARY

Keystone provides youth programming, senior services, food shelves and distribution, and crisis support to neighborhoods surrounding St. Paul. Their youth job readiness program helps young people gain skills to prepare for the world of work by offering paid apprenticeships and training.

We will focus our work on one of these apprenticeship arenas - Express Bike Shop, which is located on Selby, near the Pizza Luce.

FOCUS AREA

Express Bike Shop is a full-service bike shop specializing in refurbished bicycles and a nonprofit youth employment program - all rolled into one. The shop hires teens, who become youth apprentices. They learn and help operate all areas of the shop. For most, it's their first real job and helps them build key entrepreneurial and work skills needed for future success.

Succeeding in the world of work requires understanding the "rules of the game." A 200-hour apprenticeship at Express Bike Shop is a comprehensive introduction to employment:

- Working side-by-side with experienced mechanics, all of the youth apprentices complete an intense Bicycle Repair Certification process.
- Apprentices are thoroughly schooled in the daily shop responsibilities including customer service, ordering and stocking items in the retail area, preparing bank deposits and paying the bills. These efforts put them on track for a Small Business Certification.
- As they gain experience, they are introduced to higher-level business concepts like reading financial statements, developing advertising strategies, and selecting the merchandise mix on the retail floor.

Since 1995, over 400 young people have successfully completed a paid apprenticeship at Express Bike Shop.

RESULTS

In our interview process, we were able to meet Marques, who started as an apprentice. Marques was a sophomore at Central High School when he became an apprentice. He took advantage of Express Bike Shop's unique apprenticeship program to learn new skills. Marques's strong mechanical skills, work ethic and easy rapport with customers and coworkers earned him a promotion to part-time staff after his initial apprenticeship. Inspired by the mechanical concepts he learned fixing bikes at the shop, Marques is now working towards becoming a Mechanical Engineer. When he is not busy with school, he trains new apprentices and is an ambassador for the shop at community events. Marques was also the first recipient of the Philando Castile Scholarship offered by Central High School.



Marques Watson-Taylor, the first Philando Castile Memorial Scholarship recipient shown here with Philando's sister Allysza and mother Valerie.

MARK YOUR CALENDAR

OCTOBER 13: Kick-Off Sunday

Members of VocalPoint will join with the Central Choir and sing together in worship at Central. The Executive Director of Keystone Community Services will speak briefly in worship, and then all who are interested in learning more about Express Bike Shop and the work of the 2020 season are invited for a lunch and program downstairs. \$10 donation for lunch is appreciated. We will also be honoring our Volunteers at this lunch – all who have worked so hard behind the scenes at past concerts are invited to this lunch and will be honored in a special way.

NOVEMBER 10 & 14: Auditions

See more details (including the audition pieces and to sign up) at our website: www.vocalpointchorus.org

JANUARY (Date TBD)

Join us for a tour of Express Bike Shop and for pizza at Pizza Luce!

FEBRUARY 8 & 9: Concert Weekend

Concerts are at 4:00 p.m.

WAYS TO PARTICIPATE

Sing! If you are a choral singer, consider auditioning. We have very limited spaces for sopranos and altos, but all are welcome to audition.

Volunteer! We need a really great team of people to make the concert weekend happen: from ushering to

choir helpers, to stage set-up, to hospitality..... In the next few months we will have a Volunteer Sign-Up, but in the mean time, consider keeping February 8 and 9 free and lend a hand!

Donate! Because 100% of the monies collected at the concerts goes directly to the non-profit organization, VocalPoint relies on generous gifts to fund the concert expenses like: music, musicians, audio and video rental equipment, hospitality costs for the choir, volunteers, and guest artists, publicity costs, administrative costs like licensing, paper supplies,

donation envelopes, web fees, etc. We are so grateful to all who provide the support to make these concerts happen!

Invite your friends! We have had amazing support from the Central Church community in so many ways. One very important way is for the congregation to attend the concerts and bring friends! After all, the mission of VocalPoint is to tell the stories of non-profits doing important work in our community. An audience is an integral part of that story-telling! Tickets will be on-sale after worship starting in January, as well as on-line.



Marques Watson-Taylor with Express Bike Shop Manager Calla Martin

CABARET: THE SOUND OF MUSIC

Mark your calendars now for Cabaret: *The Sound of Music* after worship on Sunday, October 27.

Do not miss this fun, semi-staged production featuring our children, choir, and chamber "pit" orchestra! We need singers and stage help! If you are interested in either one, please speak with Jennifer Anderson soon!

REHEARSALS

ADULTS

Adults will rehearse on Wednesday nights at 7:15 p.m. starting October 2. If you plan to join us, please contact Director of Music Ministry,

Jennifer Anderson via email to jennifera@cpcstpaul.org.

CHILDREN GRADES 3 AND UP

During the fall family retreat on Oct. 5 we will also be making Marionette puppets for the show! Kids interested in a solo/duet can try-out for the part at the retreat. These are encouraging, low-stress try-outs! The kids can even audition in a small group if they would like. (If your child is not attending the retreat, but would like to be considered for a solo/duet, please speak with me as soon as possible so that we can make other plans. Thanks!)

Wednesday evenings Oct. 9 and 16 at 6:30 p.m., and Oct. 23 at 7:15 p.m.

Dress Rehearsal at 9:00 a.m. on Oct. 27th. Show is at noon that day!

CHILDREN GRADES 2 AND UNDER

Rehearsals will take place on Sunday mornings during singing time (at 10:00 a.m.)

Dress Rehearsal at 9:00 a.m. on Oct. 27th. Show is at noon that day!

We do need to know who is participating so that we can have costumes made for the children. Please contact Jennifer Anderson to register your child! Thanks!



PROJECT HOME [CONTINUED FROM PAGE 1]

hosts help get the families settled in for the night and then sleep in their own private area in the Fireside Lounge on main level. (Beds are provided; you simply bring your own sleeping bag or blankets and pillow). In the morning, our overnight hosts make sure all the families get up and eat a quick breakfast, and assist the Project Home staffers in getting the families out the door for school, work, or other activities.

MOVE - IN / OUT

Project Home moves from site to site at the beginning and end of the month. It's a big job and Interfaith Action staff could use some help! Volunteers are needed to help sort donations, clean, pack/unpack, and move supplies and beds on and off the moving truck. Volunteers are needed between 8:00 a.m. and 1:00 p.m. More information will be

provided on the signup page once it is available. Groups welcome!

WANT TO SERVE ?

Join us for volunteer orientation and training on October 29 at 6:00 p.m. in the dining room. This is a great time to ask questions and learn more before signing up. To see the volunteer schedule and sign up as a host, visit our website at www.centralforgood.org/volunteer and follow the link for Project Home.

To really get the most out of the experience for yourself, and to truly become a friendly and trusted host to our guests, consider signing up for multiple shifts. If you have any questions about the positions, schedule or signing up, please contact Anna Sanchez at office@cpcstpaul.org or call (651) 224-4728 ext. 100.

DID YOU KNOW ?

In September 2019, Interfaith Action opened a Project Home Day Center to serve families who are guests in Project Home shelters and who had been served during the day by The Family Place (which closed on August 31). The day center, located in First Baptist Church in downtown Saint Paul, provides:

- Breakfast, lunch and dinner plus an after-school snack for hungry children.
- Lockers, showers, basic hygiene supplies, and laundry facilities.

- A central location where children can meet buses to take them to their schools.
- Education opportunities to build employment skills.
- Programming and support to help families find stable housing and employment.

To learn more about Interfaith Action of Greater Saint Paul and its programs serving our Project Home guests in November, visit their website at www.interfaithaction.org.



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centralforgood.org/volunteer

FESTIVAL SUNDAY KICKS OFF THE NEW YEAR





WOMEN OF CENTRAL NEWS

PRESBYTERIAN WOMEN'S FALL GATHERING

Mark your calendar!

DETAINEES, REFUGEES and IMMIGRATION: Serving Our Brothers and Sisters in a Broken World

Saturday, October 12

At the Fall Gathering of Presbyterian Women of our Presbytery, women from congregations across the Presbytery gather to learn about important and timely topics, and to share fellowship and worship with one another.

This fall's gathering should not be missed.

Here are the details:

Speaker:

Mary Hogan, Community Relations Officer, U.S. Department of Homeland Security (DHS), Immigration and Customs Enforcement (ICE)

Date:

Saturday, October 12
9:00 a.m. - 3:00 p.m.

Location:

First Presbyterian Church
101 6th Avenue NW
Kasson, MN

The agenda begins with a gathering time, followed by the speaker, lunch, a short business meeting and a shared worship service. It is possible to attend part of the event, if that is what can work for your calendar.

Please early-register for the event by contacting Sue Hoffman at syhoffman123@comcast.net. We will plan a carpool from Central to Kasson. We will receive registration forms for the event in early September and will post on the bulletin board at Central, but will follow up with you if you early register.

NETWORKING GROUP

This informal group is for all women. We talk, share stories and food. No formal agenda, just good fellowship and fun. This month we are going to Pajarito on Thursday, October 5.

Please RSVP if you can attend. You can do so on Central's website at

www.centralforgood.org/women, Central's Facebook page where events are posted, or by contacting coordinator Sue Hoffman at syhoffman123@comcast.net. You can meet at church at 5:15 p.m. to walk or car pool to the restaurant, or meet us directly at the restaurant at 5:30 p.m.

UPCOMING EVENTS

PAJARITO Thurs, Oct 10
Pajarito
605 7th Street West
St. Paul, MN



Tues, Nov. 12
Birch's Lowertown
289 5th St East
St Paul, MN

Come join the fun!



Women's Networking Group gathered at Dark Horse in September.

ANNOUNCEMENTS

THANK YOU

Thank you to everyone who helped make Festival Sunday on September 8 a huge success, as we kicked off Sunday School and Confirmation classes, the new Central Choir season, the debut of *The Exchange*, Bible 101, and enjoyed ice cream sundaes during the service fair, while admiring the new picture gallery in the dining room.

DORCAS CIRCLE

Dorcas Circle will meet Thursday, October 10 at 11:30 a.m. in the Friendship Room. Bring your own lunch. Coffee will be served. We will begin the new book on Lesson 1.

BOOK GROUP

Book group meets Tuesdays, October 8 and 22 at 10:30 a.m. in

the Friendship Room. We will discuss *An Incomplete Revenge* by Jacqueline Winspear.

KNITTING GROUP

This year Central Knitters will be knitting scarves. Just think how splendid garlands of scarves will look on our giving tree in December!

Join us on October 27 (and the other 4th Sundays). We have yarn, needles, and help for beginners. You can also knit scarves at home and drop them off. We are happy to accept hats and mittens also.

We meet in the Oval Room after gathering in the Friendship Room for a quick cup of coffee.

If you have questions contact Maggie Gordon at (651)470-8636 or margaretagordon@gmail.com.

HAPPY BIRTHDAY!

Sharon Knowlton 10/2
 John Patton 10/3
 Cody Erwin 10/4
 Rekita Ndumbe 10/4
 James Olson 10/5
 Sandra Gryfinski..... 10/15
 Charity Willis..... 10/16
 Joanna Kimani 10/17
 Kelly Ishizuka..... 10/18
 Hannah Ross..... 10/19
 Christie Rachelle 10/22
 Jenilu Richie 10/23
 Erik Bollman..... 10/25
 Crystal Green..... 10/26
 Megan Beese 10/27
 James O'Neill 10/27
 Christopher Ross 10/27

Cheri Townsend 10/27
 Kiera Faye..... 10/27
 Joel Fisher..... 10/28
 Sophie Kannapiran..... 10/28
 Rachel Rich 10/28
 Isabelle Schlittenhart..... 10/28
 Josephine McCarten 10/29
 Marcia Robert..... 10/30
 Dean Soderbeck..... 10/30
 Michelle Soderbeck..... 10/31

If we missed your name, please send us a note to office@cpstpaul.org so that we can correct our records.

CENTRAL TEAM

(651) 224-4728

PASTORAL CARE

Rev. Dr. David Colby, Pastor
dcolby@cpstpaul.org, ext. 102

Rev. Ashley Bair, Associate Pastor
ashleyb@cpstpaul.org, ext. 104

Maureen Smith, Pastoral Associate
mcsmith@tc.umn.edu

Parish Associates: Rev. Casey Wells,
 Rev. Doug Throckmorton, Rev. Lou Bender

ADMINISTRATION

Anna Sanchez, Church Administrator
office@cpstpaul.org, ext. 100

Christie Rachelle, Communications
cpc@christierachelle.com

Matt Ehling, Treasurer
 William Zopfi, Treasurer Emeritus
 Mary Lange, Evening Receptionist
 Lavar Jones, TCRISE Intern, ext. 116

MUSIC

Jennifer Anderson,
 Director of Music Ministry
jennifera@cpstpaul.org, ext. 103

Music Staff: Shanta Hejmadi,
 Abbie Betinis, Adam Van der Sluis,
 Steve Swanson, David Winkworth

YOUTH PROGRAMS

Katie Morris, Children & Youth
 Ministry Coordinator
katiem@cpstpaul.org, ext. 109
 Natalie Pence, Nursery Care Provider
 Megan Beese, Preschool Teacher

FOOD INITIATIVE

Barb Westman, Chef & Manager
Barb.westman@gmail.com
 Sue LeClaire, Sous Chef
 Peter Evarts, Dishwasher

MARTHA'S CLOSET

Sandy White, Director
wjands7@aol.com, ext. 112



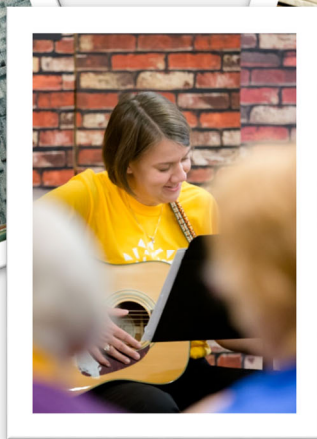
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CENTRAL IS *in the city for good!*

Join us Sunday mornings at 9:15 a.m. for the Exchange gathering in the Fireside Room. Share prayer, music, learning and offering in a casual, fun setting!