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PUERTO RICO MISSION TRIP

GET INVOLVED

The situation in Puerto Rico has been developing, and the challenges facing people on the island continue to be daunting. Representatives from Presbyterian Disaster Assistance recently returned from a trip to Puerto Rico and now have two mission sites doing good work and taking reservations for mission trip groups.

As previously announced, Central is looking to send a mission team to assist in this rebuilding. We would be looking to go after the 2018 hurricane season concludes, likely in late October or November. While plans have been slow to develop, we expect to move fast over the next few weeks.

LOCATIONS

Presbyterian Disaster Assistance has two church sites that are doing good work and capable of hosting groups. For both sites, the work we would do is rebuilding homes that were uninsured or underinsured, requiring hard work with cement. But a mission specialist at PDA emphasized that there is a



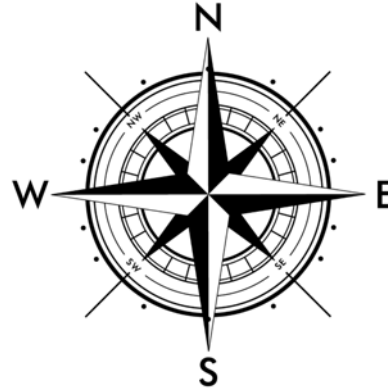
range of tasks and some of the work group might go knowing that they won't do much of the hard labor, but might do things like landscaping, or meal service, or being a journalist about the trip.

If you would like to learn a bit about these two different locations, you might begin with looking where they are on a map. One is in the Monteflores neighborhood of San Juan (very close to the international airport) and the Old City. The other location is in Añasco on the west side of the island. Both of the sites have a presence on Facebook

# WORSHIP

## SUNDAY, SEPTEMBER 2

We are delighted to welcome the Rev. Lou Bender to our pulpit. Lou Bender was a third career pastor for 25 years. The first two careers were teaching music and leading a non-profit children's literacy program. She has returned to teaching full-time, this time in special education at the high school level, and has decided, with her partner Judy and teenage daughters Elizabeth and Jiahong, to make Central her home congregation. Steve Swanson will play piano.



## CENTRAL 360

JOIN US THIS MONTH AS WE KICK OFF OUR  
NEW SERMON SERIES "CENTRAL 360" AND  
EXPLORE THE COMMUNITY AROUND US.

## SUNDAY, SEPTEMBER 9

It's Rally Day at Central and we welcome back the choir to worship! (Our version of 'back to school' weekend.) We will kick off a new fall sermon series called Central 360, which explores the community around Central. Rev. Colby will preach, the choir will sing, we will present Bibles to Kindergartners and Third Graders. Stay after worship for fellowship and root beer floats.

## SUNDAY, SEPTEMBER 16

Central sits in the midst of a wonderful variety of restaurants featuring all kinds of food at different price points. The different ethnic foods available would have been unimaginable to Central's founding pastor back in the 1850's. We will

explore questions of what we are trying to do with our food ministry, and how we can do more to help people who are hungry. Central choir sings and following worship, all are invited to stay for the Third Sunday Lunch. (A donation of \$8 is requested to help defray the cost of the meal, but all who are hungry eat at Central as no one is turned away for lack of funds).

## SUNDAY, SEPTEMBER 23

This is fall family retreat weekend! (To learn more, go to page 9.) With Rev. Colby at the retreat, there will be a guest preacher and Central Choir sings. Eva Beneke and Jennifer Anderson play a guitar/organ duet.

## SUNDAY, SEPTEMBER 30

In cities and towns around the world, cathedrals were a labor of love and artistry, taking decades, even generations to construct, filled with beauty, and often pointing up to the heavens. Today Central sits surrounded by wonderful artistic resources. How does the church inspire and be inspired by artists of different media? Following worship, all are invited to a reception for artist Jeanne Kosfeld.

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*Education for All Ages 9:30 a.m.*

*Worship at 10:30 a.m.*

*Coffee & Fellowship 11:30 a.m.*

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## A WORD FROM REV. COLBY

One of the questions I like to ask groups who come to Central for a tour is this: *Why do you think this church is called Central?* While they never get the answer exactly correct, they usually have good guesses. Is it because you are in the center of Saint Paul? Is it because it was the third church in the city, and you were between the other two? Thanks for playing. What do you think? Why are we called Central?

I want to say that we are called Central Presbyterian Church because here, we look at issues that are central to faith; we are not afraid to tackle the issues central to the news and to politics and to our city's life. I want us to be Central because we are in the center of the city, right "in the heart of the city" as an earlier tag line for this church put it.

Beginning on Rally Day, September 9, we will launch a series we are calling "Central 360." Taking stock in who we are and how we relate to things in all directions from the church. We will look at how the church relates to and influences our surroundings. Looking at topics like:

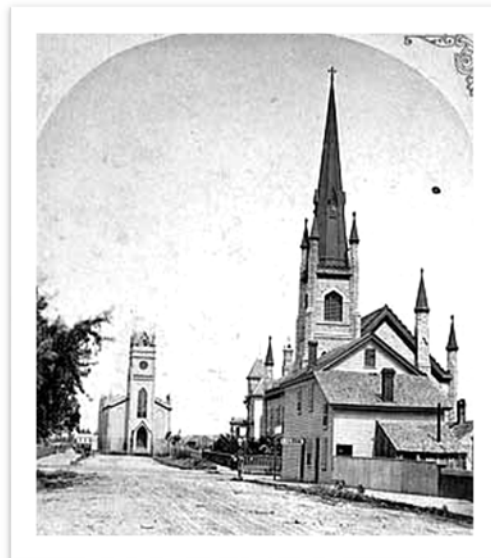
- **Transportation**, not only how we get to church but also where are we going as a church
- **Food and meals** within and around the church
- **The arts** and how the church reflects and inspires beauty and creativity
- **The river** and nature that anchors the city.

- How St. Paul is a hub for **entertainment** and culture and fun, and how our church life should emphasize that as well
- Whether we look up the hill to the north (the Capitol) or toward the river (City Hall) how does our faith compel us to be involved in **politics** that reflect and shape our community?
- The **diversity of housing** options surrounding the church, but also the problem of homelessness
- Our connection to **media**, including how do we understand what is going on in our world and how do we distinguish between what is good news and bad, true news and news that is misleading or flat out false?

Beginning within our sanctuary, we will look both backwards and forwards, inwards and outwards to do a three-hundred and sixty-degree look at faith and our world. I'm excited for the opportunities all around us as September approaches. Enjoy this newsletter, and I hope you find ways you might put your faith into action.

Peace and blessings to you and all,

Rev. David Colby

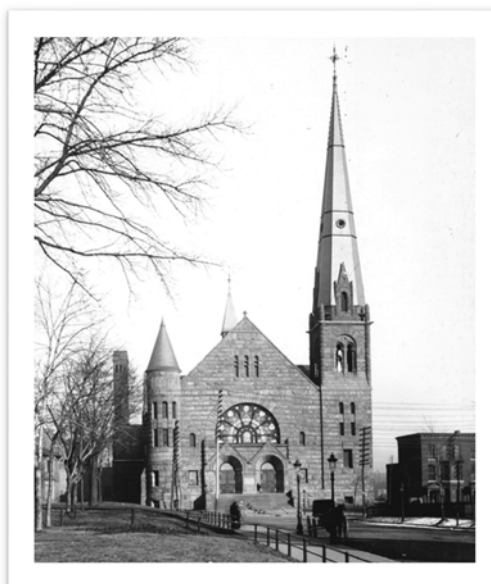



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*So, how exactly did Central get its name?*

*Back in 1852 when this church received its name, it was more like how baseball fields are named these days (after a financial sponsor, the Central Presbyterian Church of Philadelphia).*

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# SEARCH FOR ASSOCIATE PASTOR CONTINUES

As we begin the exciting process of searching for an Associate Pastor, we will be working closely with the Presbytery of the Twin Cities Area and using denominational resources and following its processes. In July, Central's Session submitted an official request to the presbytery's Committee on Ministry to open a Designated Associate Pastor position, and that request was approved. We have completed the Ministry Information Form, which will be available for potential candidates to see, and we will also use that form proactively to advertise our position and recruit outstanding candidates.

Here are three excerpts about the position and what we are looking for in candidates:

*We are looking for someone who is smart, engaging, faithful, energetic, strategic, creative, and innovative. A person who will be tireless in trying new ways to enable Central to fulfill our larger vision. We have a strong staff in place already, so we are looking for someone who will be a good team-player and make a strong staff even better.*

The Associate Pastor will devote approximately 50% of her/his time on general Pastoral leadership

*Leading worship which includes preaching ~ 1.5 times/month, ministering to the congregation in the spheres of Christian Education (adult, youth and children), providing Pastoral care, working with church committees, working to develop, refine church and program vision and turning vision and mission into executable programs*

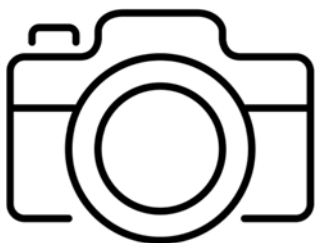
Additionally, approximately 50% of her/his time will be devoted to providing primary staff leadership for outreach to Downtown and Lowertown St. Paul. This will require that the Associate Pastor possess an entrepreneurial spirit and an engaging personality and a high energy level. Tasks will include but not be limited to:

- *Meeting residents both new and established*
- *Seeking new members*
- *Assisting new members to acclimate and integrate into the congregation*

- *Establishing a dynamic presence and identity in the community*
- *Developing community partnerships with (a) other churches (b) other organizations (Gospel Mission, United Way, Twin Cities RISE, etc.) (c) the local business community*

We decided to look for a Designated Associate Pastor because this new position is an opportunity to be nimble, robust and able to adapt to opportunities that present themselves. We have set aside six years of full funding for this position, but we will, as a whole church, continuously seek improvement and dynamic ways and means to better carry out our mission. The Associate Pastor position will evolve as the church evolves.

If you have ideas on people we should approach about our position, or questions about the process, please contact Rev. Colby at [dcolby@cpkstpaul.org](mailto:dcolby@cpkstpaul.org) or Stu Siebell, the chair of the Personnel Committee at [sdsiebellmgmt@gmail.com](mailto:sdsiebellmgmt@gmail.com).



## WE WANT YOUR PHOTOGRAPHS!

As part of Central's rebranding, we are redesigning our website. To help capture the culture and personality of Central, we want to integrate lots of photographs of our members and the many activities that occur at Central and by Central in the community. This is where you can help!

If you have images you would like to share, please email them to [cpc@christierachelle.com](mailto:cpc@christierachelle.com). Likewise, as the coming year unfolds, pick up your camera or break out your cellphone and capture the great things happening here. (Just be sure to send them Christie's way!)

## A GRATEFUL HEART

Dear Central Church, Session, Dave, and my staff colleagues:

I am so, so grateful to all of you for not only the gift of a 6-week sabbatical, but also for the incredibly warm and gracious “welcome back” party on July 22. The food and flowers, and the banner with all the heartfelt notes --- wow! It was all just incredible! I am grateful for the kind words spoken and hugs shared – I was already looking forward to coming back, but you certainly made it the best return possible! A sincere thank you to the Worship, Music, and Arts Committee as well as to Personnel for that beautiful celebration.

Many of you have asked what I did on my sabbatical! I actually stayed quite busy with a number of musical endeavors. I attended, and spoke at,

the national Chorus America conference in Chicago. Our session was about Justice Choir, and I spoke about how Central has used the Justice Choir songbook in worship and as a way to welcome new people to our faith community. I also was in the recording studio for several different projects – one of them is Lumina’s new CD, to be released this fall, that will be available for free to people in hospice and critical care. It was an honor to help with that important project! At the end of July, I co-directed the Synod School Choir at Beuna Vista University (a Presbyterian college!) in Storm Lake, Iowa, and learned a lot about Sabbath practices – especially through the Taize community in France.

But I didn’t just work – one highlight was seeing *Hamilton* in Chicago – AMAZING!!! Talk to me about it if you’ve seen it!!! I got to celebrate important life events with friends – birthdays and special occasions – and to visit with family from out-of-town even as we walked a more difficult road of grief after the sudden death of Lucy’s brother Mark.

It was a treasured time away, and I am grateful. But I am also really ready to “get back at it” – and to welcome the choir back this fall for a new year of music and community.

With gratitude and a renewed spirit,

Jennifer Anderson  
Director of Music



*The Synod School Choir singing at one of the evening worship services. I’m at the piano!*



*This photo includes those of us who spoke about the Justice Choir movement as well as some of the chapter leaders around the country!*

## WELCOME ABBIE BETINIS, CENTRAL'S NEW COMPOSER-IN-RESIDENCE

The Worship, Music, and Arts Committee, along with the Session and staff, is proud to announce that we have hired Abbie Betinis as our Composer-in-Residence for 2018 - 2019!

Abbie is one of America's most performed living composers. From Carnegie Hall to Disney Hall, grade school assemblies to wedding ceremonies, state prisons to capitol buildings, cathedrals to summer camps, her music is being performed somewhere in the world every day. Abbie has created new music for over sixty organizations.

A two-time McKnight Artist Fellow, Abbie has won awards from the American Composers Forum, ASCAP and the Minnesota Music Educators Association. At age 31, she was deemed one of the nation's top 100 Composers Under 40 by National Public Radio and New York's WQXR-FM. On Minnesota Public Radio, her annual premier of a fresh, new Christmas carol has become a beloved holiday tradition. Her early career as a cancer survivor finding her voice is profiled in the Upper Midwest Emmy award-winning documentary "Never Stop Singing."

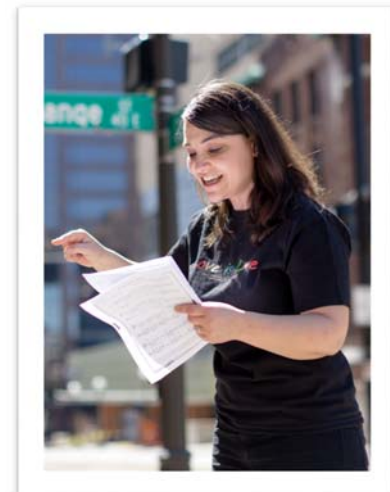
Abbie has held Composer-in-Residence positions with the Rose Ensemble, New York State School Music Association, the Singers-Minnesota Choral Artists and Schubert Club. She is the Executive Director of Justice Choir and Adjunct Professor of Composition at Concordia University—St. Paul.

So, what does a Composer-in-Residence do? Abbie is particularly eager to:

- Write an original hymn based on our new branding.
- Create a new table grace, unique to Central, to sing together before our meals.
- Compose a new anthem for the choir.
- Facilitate creative music-making workshops with the children.
- Lead an Adult Education on the creative process.

- Advise or collaborate on songs and carols for the children's Christmas pageant.
- Lead community singing outside of worship, with some possible ideas:
  - grace together before meals
  - Justice Choir Community Sings
  - lullaby evening for Project Home families

Learn more about Abbie on her website at [www.abbiebetinis.com](http://www.abbiebetinis.com). Please join us in welcoming Abbie in this new role!




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*As the Justice Choir Songbook Co-Editor, Abbie Betinis lead our Justice Choir Sunday singers on the steps of Central!*

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## MEET GUITARIST EVA BENEKE

Eva will be joining worship on Sunday, September 23. Born in Berlin, Germany, Eva Beneke began her studies at the Berlin University of Arts with Prof. Martin Rennert. Her success there led her to study with Prof. Thomas Müller-Pering, one of Germany's most influential guitarists. Eva received a doctorate with honors from the University of Southern California, Thornton School of Music where she studied with Scott Tennant, Pepe Romero and jazz-guitar legend Bruce Forman.

In addition to prizes at international guitar festivals in The Netherlands, Italy and the U.S., Eva Beneke is an internationally acclaimed soloist,

chamber musician and published arranger. Her performances have been broadcast nationally and internationally on radio and



television, such as NPR's "Performance Today", KUSC and Minnesota Public Radio. Highlights of her career include appearances with the German Symphony

Orchestra under Kent Nagano, invitations to festivals in China, Peru, Germany, Luxembourg, Lithuania, the U.S. and Canada, and a performance with Carrie Underwood at the 2010 American Country Music Awards.

Her 2012 album "In Dulci Jubilo - A Classical Guitar Christmas" is a duo-collaboration with Grammy®-winning guitarist Scott Tennant (L.A.G.Q.). Her latest album "The Complete works for voice

and guitar by Fernando Sor" is a collaboration with mezzo-soprano Nerea Berraondo.

Learn more about Eva on her website at [www.evabeneke.com](http://www.evabeneke.com)

## VOLUNTEERS NEEDED FOR FRIENDS OF SABELL EVENT AT CENTRAL



**FOSNA**

FRIENDS OF SABELL NORTH AMERICA

*A Christian Voice for Palestine*

The Coordinated Mission Committee is seeking volunteers to help with upcoming events on September 27 and 28 when the Friends of the Sabeel North America will be meeting at Central while they are in town for the US Campaign for the Palestinian Rights biennial conference.

Christian leaders from around the country, including many from the Presbyterian Israel Palestine Mission Network will be attending.

Approximately 150 guests are expected. Volunteers are needed during the day on the 27th and 28th to help buzz guests in to the church for their meetings. Volunteers are also needed the evening of September 27 from 6:30 p.m. to 10:30 p.m. to serve as hosts for their keynote speaker evening event.

If you are interested in volunteering please contact Anna at 651-224-4728 or [office@cpctstpaul.org](mailto:office@cpctstpaul.org).

# WOMEN OF CENTRAL

## NETWORKING DINNER

Thank you, Kate Pearce, for hosting our potluck on August 7! Your hospitality is awesome!

Here are our upcoming events for fall:



**Thurs., Sept. 20**  
Saint Dinette  
261 East 5th Street



**Tues., Oct. 9**  
Burger Moe  
242 West 7th Street

Please RSVP to the church office or to Sue Hoffman (612-998-6389 or syhoffman123@comcast.net), as it helps us get a count for a table reservation and if child care is needed. We depart the church parking lot at 5:15 p.m. for the restaurant. You can also meet us at 5:30 p.m. at the restaurant.

Come and join the fun!

## SAVE THE DATE!

**Presbyterian Women of the Twin Cities Fall Gathering – Sat, Oct.13**

Join us at Calvin Presbyterian Church in Long Lake, MN To discover that:

**‘MISSION is #AMPOSSIBLE’**

There will be displays and speakers from some of the organizations that our Presbyterian Women have supported in the past, who will share stories of how their organizations have grown and learn about their accomplishments. Join us for an inspirational time to see God’s handiwork in our neighborhoods and our world. We will plan a carpool from Central. Watch for more details in the coming month!



## KNITTING GROUP

The 4th Sunday Knitting Group will resume meeting on September 23 after worship services. Everyone who wants to knit and/or crochet is welcome!

In addition to prayer shawls, we will be working on hats and mittens for the winter, which are then donated to The Family Place.

Donations of yarn, needles, patterns are always welcome! There are knitting and crocheting materials available for people who want to participate in the ministry.





# ENJOY FALL AT THE CENTRAL FAMILY RETREAT

This fun getaway focused on families with children provides space for making deeper connections: with each other, with nature, and with God.

Scheduled activities include group meal times, Sunday morning worship in a sunlit chapel and some child activities. However, this retreat is designed for you to enjoy ample free time. There is time to read, do homework, share games, go on hikes, talk, canoe, play, explore and meet new friends.

## DESTINATION

Koinona Retreat Center  
South Haven, MN 55382  
[www.koinoniareretreatcenter.com](http://www.koinoniareretreatcenter.com)



## COSTS

Housing for two nights, three meals on Saturday and two on Sunday is \$115 per adult and \$60 per child (ages 5-16). Children under 5 are free. Scholarships are available for those in need of financial help to be able to attend. Registration fees are due September 21.

## FAQ

**Are selective eaters (such as vegans or vegetarians) welcome?**

Yes! Meals are served buffet-style, with lots of options for people with different tastes and diets.

**My spouse isn't as comfortable at church as I am. Will they be welcomed? Will they be required to participate in things?**

Yes, they are welcome and no, no one is forced to participate in any of the activities. Schedules are purposely light to allow families room to do as they wish.

**Are scholarships really available, and what do I need to do?**

Yes, scholarships are available. Simply contact [dcolby@cpstpaul.org](mailto:dcolby@cpstpaul.org) to make arrangements.

**We cannot arrive until Saturday morning – should we still come?**

Yes! Many people have come to love dinner at Barb's house on Friday night, and some people stay into the afternoon on Sunday. But others will arrive late or leave early.

**Where can I learn more?**

[www.cpcstpaul.org/family-retreat](http://www.cpcstpaul.org/family-retreat)

## 2018 FAMILY RETREAT REGISTRATION

*To register, fill out and return this page to the office or worship offertory plate.*

**RSVP BY SUNDAY SEPTEMBER 9**

Parent(s): \_\_\_\_\_

Are you also attending Friday night dinner?

Phone: \_\_\_\_\_

YES NO

Email: \_\_\_\_\_

Child: \_\_\_\_\_

Food allergies/dietary requests:

Child: \_\_\_\_\_

Child: \_\_\_\_\_

Child: \_\_\_\_\_

# HUNGER INITIATIVE

This summer, we learned more about downtown Saint Paul and the hunger need in our area. Downtown residents are disproportionately young (25-34 years old), although seniors are a fast-growing group of food shelf users. There is significant income disparity in downtown St. Paul with pronounced higher or lower income brackets.

There is also a lack of affordable and healthy grocery access in the downtown area. There are supportiv resources, many of which utilize grocery 'rescue'. (Food deemed unsalable and thrown from area grocery stores is still good to eat and redistributed to those in need). The local Lunds & Byerlys is currently open to weekend grocery rescue, which is coordinated through the Second Harvest Heartland.

Mobile food programs particularly increase access to nutritious food downtown by helping those who experience barriers to accessing traditional brick-and-mortar food shelves because of transportation or mobility challenges. It can be difficult to carry groceries on the bus!

Our Hunger Task Force also learned about the importance of partnership and collaboration to hunger solutions. It is more efficient to support another organization that is already doing good work, rather than trying to "reinvent the wheel" with a competing program. We also saw the value of socialization and building personal connections with those seeking hunger solutions. Volunteering can be a great way to start building these connections, as it

helps bridge the gaps in understanding between people and strengthens the reach of available resources.

There are many ideas on the table for how we could use our Hunger Initiative funding, including:

- Supporting the iHELP Market Square free grocery distribution program to expand their grocery delivery service to Central Towers, our neighboring senior hi-rise.
- Hosting community meal events.
- Planning volunteer trips to local hunger relief organizations such as Keystone Community Services, Loaves and Fishes, and Higher Ground.
- Stocking our food pantry with affordable snack packs from the nonprofit MATTER, which we have already begun!
- Becoming an east metro satellite site for Open Arms of Minnesota which provides free meals for people with life threatening illnesses.

Finally, there are three large organizations we are considering supporting: Hunger Solutions Minnesota, Keystone Community Services, and/or Twin Cities Mobile Market.

- Hunger Solutions is working to support food distribution where demand for services far outpaces the capacity of the food shelves.

- Keystone Community Services runs the Foodmobile food shelf that serves downtown Saint Paul, and hopes to work on developing a second Foodmobile next year.
- Twin Cities Mobile Market is an affordable, mobile grocery store also working toward program expansion.

Discussions are still underway as to the best course of action for Central, but we expect to have decision announcements soon.

CONTINUED FROM PAGE 1  
[ PUERTO RICO MISSION TRIP ]

and details and images can be found by conducting an internet search.

- La Casona de Monteflores Presbyterian Church. Maximum team size 11. (This will likely increase to 20 by 11.1.18).
- La Posada de Angeles Añasco. Maximum team size 16.

## NEXT STEPS

If you are personally interested in going, please let Rev. Colby know and you will be added to a list of folks who have indicated interest.

Based upon interest and availability, we will try to set dates and make a reservation for our group at one of the PDA sites. Please try to attend an important informational meeting after worship on Sunday, August 26.

# ANNOUNCEMENTS

## THANK YOU

The Coordinated Mission and Children & Youth Committees wish to thank all who participated in the August 5 Lowertown Cleanup, including Sharon Zopfi-Jordan & Kati Berg. Members from Central along with several others from the community collected 91 pounds of trash from the Lowertown area from Mears Park to CHS field to the Union Depot.

The Lowertown Cleanup takes place on the First Sunday of the month from June to October from 1-3 p.m. Interested participants meet at Mears Park. The cleanup is sponsored by Spire Credit Union.

## BOOK GROUP

Book group will meet Tuesday, September 11 and 25 at 10:30 a.m. in the Friendship Room.

## DORCAS CIRCLE

Dorcas Circle will meet Thursday, September 13 at 11:30 a.m. in the Friendship Room. Bring your own lunch, coffee will be provided.

## PERSONNEL COMMITTEE

The Personnel Committee of the Session will meet at 10:30 a.m. on Monday, September 10.

## JOIN THE CENTRAL CHOIR

Consisting of both volunteer and professional singers, the Central Choir sings in worship weekly September through May. All (age 16 and up) are welcome! Rehearsals are each Wednesday evening at 7:15 p.m. from September through May.

Need childcare? Need more info? Please contact Central's Director of Music, Jennifer Anderson ([jennifera@cpcstpaul.org](mailto:jennifera@cpcstpaul.org)) if you have questions, or would like more information about joining us!

## SUNDAY SCHOOL

September 9 we will kick off Sunday School for the 2018- 2019 school year. Sunday School classes are grouped by age.

- Children birth through age 3 are welcome in the nursery during both the education hour and during service.

- Children in Preschool and Kindergarten are invited to the preschool room for Sunday School and during service if they do not wish to remain in the sanctuary.
- Children in 1st-3rd grade are invited to the orange room for Sunday School. Children in the group are encouraged to remain in service after children's time, but are welcome in the preschool room after children's time.
- Children in 4th grade and above are invited to the Christian Education office for Sunday School.

We are currently in the processes of finding and hiring a new Child & Youth Ministry Coordinator. Once that position is filled, further information will be provided about curriculum, events and other youth activities.

[ photo by Dwight Colby ]



# FREE SKETCHING WORKSHOP - OCT. 7

We are excited to announce that Jeanne Kosfeld will lead a FREE "Sketching in the City" Workshop. Her pieces are currently on display in the Friendship Room. There will be an Artist Reception following worship on September 30, with a chance to meet the artist and ask questions.

You have a special opportunity to join Jeanne for a playful, no-fear sketch outing. You'll rekindle the wonder for drawing that you possessed as a child. She'll share her love for sketching and show you how she approaches simple and complex scenes on location. You'll leave with a new companion — your sketchbook tucked in your pocket or purse ready to give you hours of enjoyment wherever you go.

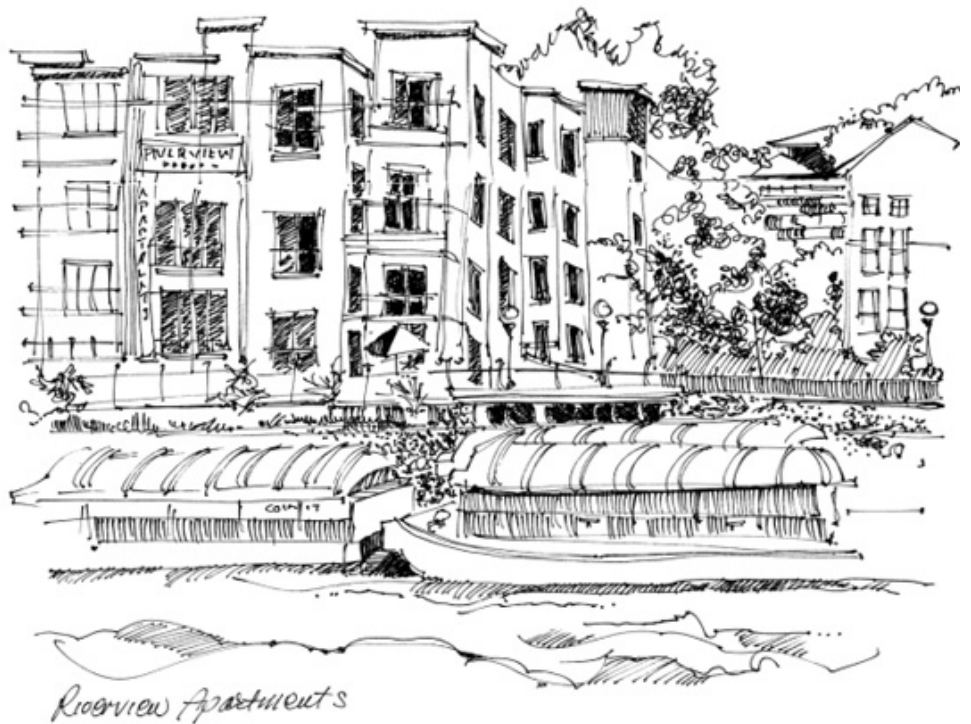
To learn more about artist Jeanne Kosfeld, visit her website at <http://jeannekosfeld.blogspot.com>.

## SUPPLIES TO BRING

**Sketchbook:** Approximately 5" x 8". Open it and make sure it lays flat for you and is comfortable in your hands. We will have a few extra sketchbooks on hand for those needing one.

**Variety of pens and pencils:** Permanent & non-permanent ink pens provide different results and are fun to experiment with. Bring along whatever feels good in your hand and flows easily across the surface of the paper.

Lunch and childcare will be provided.



*Riverview Apartments*



*Albion Global Meet  
Nov. 8, 2016*

## DETAILS

**When:** Sunday, Oct 7 11:45 am - 1:45pm

**Where:** Meet in the Central Presbyterian Friendship Room. Weather permitting we'll sketch outside.

**RSVP:** Class size limited to 20. Teens - Adults. Send an email to [office@cpcstpaul.org](mailto:office@cpcstpaul.org) and also indicate if you need childcare.



# GET CONNECTED AT CENTRAL!

## READER TEAM

Volunteers are leading the Call to Worship, Call to Confession, and Assurance of Pardon, as well as occasional scripture readings. Are you interested in participating in this way? Then please speak with Rev. Colby to be a part of this small group.

## ADULT BIBLE STUDY

Meets weekly on Sunday mornings at 9:30 a.m. in the Friendship Room. You don't need to bring anything or be an expert on any part of the Bible. Newcomers and questions are always welcome.

## THE MEN'S LUNCH GROUP

Meets at Denny's in Maplwood at noon on the second Tuesday of every month and always welcomes new members. This is a great chance to enjoy good conversation and build friendships over lunch. Talk to Rick Barker or Denny Reimer if you are interested.

## PEACEFUL PRESENCE

A group which gathers for prayer and quiet contemplation on the first Wednesday of the month from 10:30 - 11:30 a.m. in the Lounge.

## CENTRAL CHOIR

This musical small group meets September through May on

Wednesday evenings from 7:15 - 9:00 p.m. for rehearsal and sings in worship on Sunday mornings. Musical folks are always welcome. If you would like to join, speak with Jennifer Anderson, Director of Music.

## BOOK GROUP

Small group that meets at 10:30 a.m. on the 2nd and 4th Tuesdays of the month to read and discuss novels and best sellers. If you love to read, this is for you!

## DORCAS CIRCLE

A small Bible study group for women that meets monthly. The next meeting is Thursday, September 13 at 11:30 a.m. in the Friendship Room. Coffee is provided, bring your own lunch.

BE THE  
REASON  
SOMEONE  
*smiles*  
TODAY.



FOLLOW CENTRAL ONLINE  
AND NEVER MISS NEWS, EVENTS &  
IMPORTANT ANNOUNCEMENTS!



FOLLOW US ON FACEBOOK  
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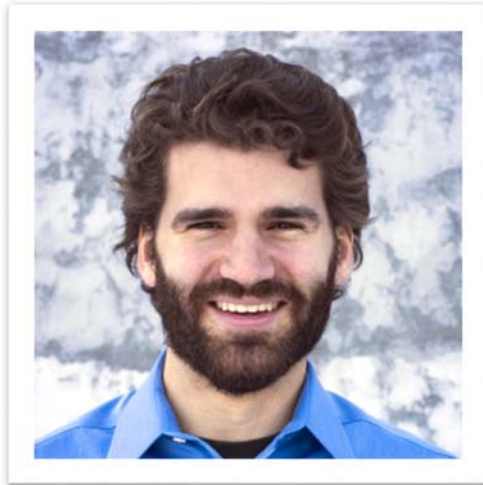


EMAIL QUESTIONS ANYTIME  
[office@cpcstpaul.org](mailto:office@cpcstpaul.org)

# WELCOME NEW MUSIC STAFF

## ADAM VAN DER SLUIS, TENOR

Adam Van der Sluis is excited to return to Central Presbyterian as the tenor section leader. Adam is moving back to the Twin Cities after 6 years living in Boston, MA where he worked as an educator. Adam sang in a variety of Boston-area ensembles, most regularly with Chorus Pro Musica (a chorus that has twice received Grammy nominations) and the Tanglewood Festival Chorus (TFC). As a member of the TFC, Adam sang with the Boston Symphony in concerts performed in



Symphony Hall and Carnegie Hall. Adam earned a B.A. at Macalester College and an M.Ed. at Harvard Graduate School of Education.

# HAPPY BIRTHDAY!

Erika Kelly-Kennedy.....8/1  
 Marjorie Elliott.....9/1  
 Pat Snitker.....9/4  
 Trygve Pearce.....9/5  
 Linda Peterson.....9/7  
 Terry Henry.....9/12  
 Gifty Amarteifio.....9/14  
 David Winkworth.....9/14  
 Simon Jones.....9/15  
 Melina Suzuki.....9/15  
 Karen Hanscom.....9/18  
 Charles Gustafson.....9/19  
 Elizabeth Suhfor.....9/20  
 Craig Foss.....9/21  
 Thomas Fish.....9/23

Sean Kelly-Kennedy.....9/23  
 Jane Gulsvig.....9/27  
 Phyllis Brashler.....9/29  
 Mark Flinner.....9/29

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*If we missed your name, please send us a note so that we can correct our records: office@cpcstpaul.org*

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## STAFF

### SPIRITUAL LEADERSHIP

Rev. Dr. David Colby, Pastor  
 dcolby@cpcstpaul.org, ext 102  
 Maureen Smith, Pastoral Associate  
 mcsmith@tc.umn.edu  
 Parish Associates: Rev. Casey Wells,  
 Rev. Doug Throckmorton

### ADMINISTRATION

Anna Sanchez, Church Administrator  
 office@cpcstpaul.org, ext 100  
 Christie Rachele, Communications  
 cpc@christierachele.com  
 Matt Ehling, Treasurer  
 William Zopfi, Treasurer Emeritus  
 Mary Lange, Evening Receptionist  
 Rick Dahl, Sexton

### MUSIC

Jennifer Anderson, Director of Music  
 jennifera@cpcstpaul.org, ext 103  
 Section Leaders: Shanta Hejmadi,  
 Abbie Betinis, Adam Van der Sluis,  
 Steve Swanson, David Winkworth

### YOUTH PROGRAMS

Rebecca Gudknecht, Nursery Care  
 Megan Beese, Preschool Teacher

### FOOD INITIATIVE

Barb Westman, Chef & Manager  
 Barb.westman@gmail.com, ext 114  
 Sue LeClaire, Sous Chef  
 Peter Evarts, Dishwasher

### MARTHA'S CLOSET

Sandy White, Director  
 wjands7@aol.com, ext 112

02

**Rev. Lou Bender  
Preaches**

*Steve Swanson  
plays piano*

09

**It's Rally Day!**

*Sunday School  
kickoff with fun  
surprises to be  
announced.*

16

**Sermon Series  
'Central 360'  
begins!**

Third Sunday Lunch

SEPTEMBER  
**EVENTS**

20

**Women's  
Networking  
Dinner at the  
*Saint Dinette.***

21

**Fall Family  
Retreat begins**

*(See page 9)*

**RSVP by 9/9**

23

**Guest Preacher  
in Worship**

*Guitarist  
Eva Beneke plays.*

*Knitting Group returns*

30

**Artist Reception  
for Jeanne  
Kosfeld**

*(See page 12)*



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*The Coordinated Mission and Children & Youth Committees wish to thank all who participated in the recent Lowertown Cleanup. Members from Central, along with several from the community, collected 91 pounds of trash from Mears Park - CHS field - Union Depot area. Sponsored by Spire Credit Union, the Lowertown Cleanup takes place the first Sunday of the month from June to October from 1- 3 p.m. Interested participants can meet at Mears Park.*

*[ Sharon Zopfi-Jordan and Kati Berg ]*